

U.S. Chemical Safety and Hazard Investigation Board

SUBJECT: Occupational Safety and Health Program

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- 1. <u>PURPOSE</u>. This Order establishes the U.S. Chemical Safety and Hazard Investigation Board's (CSB) *Occupational Safety and Health Program* (OSH Program). As federal law contains special provisions intended to assure the safety and health of federal employees in the workplace, the OSH Program will ensure that all federal requirements are met and will maximize the safety and health of all CSB personnel.
- **2. EFFECTIVE DATE.** This Order is effective upon passage by the Board.
- **3. SCOPE.** The CSB OSH Program applies to all CSB personnel, including Board Members, staff, and supervised contractors.
- **4. AUTHORITY.** Occupational Safety and Health Act of 1970, ("the Act"), 29 U.S.C. §§651-678, 29 C.F.R., Parts 1910, 1926, and 1960, and Executive Order 12196 establish the required provisions of the OSH Program.

5. <u>DEFINITIONS</u>.

- a. **Designated Agency Safety and Health Official** the individual who is responsible for the management of the safety and health program within an agency and is so designated or appointed by the head of the agency pursuant to 29 C.F.R. §1960.6 and the provisions of Executive Order 12196. (29 C.F.R. §1960.2(f))
- b. **Employee** any person, other than members of the Armed Forces, employed or otherwise suffered, permitted, or required to work by an agency. (29 C.F.R. §1960.2(g))
- c. **Safety and Health Official (SHO)** an individual who manages the occupational safety and/or occupational health program at organizational levels below the Designated Agency Safety and Health Official (DASHO). (29 C.F.R. §1960.2(r))

6. POLICY.

- a. CSB employees must be provided with a place of employment that is free from recognized hazards that cause or are likely to cause death or serious physical harm (29 U.S.C. §654)
- b. The CSB will provide: top management officials (Head of Agency/Chair, Executive Director, and DASHO) with orientation and other learning experiences that will enable them to manage the OSH program (29 C.F.R. §1960.54); OSH training for supervisory employees (29 C.F.R. §1960.55); training for collateral duty safety and health personnel (29 C.F.R. §1960.58); appropriate safety and health training for employees (including employees of the agency who are representatives of employee groups, such as labor organizations that are recognized by the agency), which include specialized job safety and health training appropriate to the work performed by the employee; and employee training on the OSH program with emphasis on employee rights and

- responsibilities (29 C.F.R. § 1960.59).
- c. Copies of the Act, Executive Order 12196, basic program elements for federal employee OSH programs published in 29 C.F.R., Part 1960, details of the CSB's OSH Program, and applicable safety and health standards will be made available upon request to employees or employee representatives for review. (29 C.F.R. §1960.12(a))
- d. A copy of this OSH Program applicable to the establishment will be made available to each supervisor, each occupational safety and health committee member, and to employee representatives. (29 C.F.R.§1960.12(b))
- e. The CSB will post conspicuously in each establishment, and keep posted, a poster informing employees of the provisions of the Act, Executive Order 12196, and the CSB OSH Program under 29 C.F.R., Part 1960. The Department of Labor will furnish the core text of a poster to agencies. Each agency shall add the following items (29 C.F.R. §1960.12(c)):
 - (1) Details of the agency's procedures for responding to reports by employees of unsafe or unhealthful working conditions, and to allegations of discrimination or reprisal due to participation in safety and/or health activities:
 - (2) The location where employees may obtain information about the agency's occupational safety and health program, including the full text of agency occupational safety and health standards, and
 - (3) Relevant information about any agency safety and health committees.
- f. Such posters and additions shall not be altered, defaced, or covered by other material. (29 C.F.R. §1960.12(c))
- g. A copy of the agency's poster will be provided to the Secretary of Labor (all references to "Secretary" in this Board Order refer to the Secretary of Labor, unless otherwise specified). If the agency needs assistance and advice on the content and development of the poster, it will be requested of the Secretary prior to printing and distribution. (29 C.F.R. §1960.12(d))
- h. Agency heads will promote employee awareness of occupational safety and health matters through their ordinary information channels, such as newsletters, bulletins and handbooks. (29 C.F.R. §1960.12(e))
- i. The "New Employee Orientation" in-processing form, and in-processing for new employees, will include meeting with the DASHO to determine the new employee's OSH program needs based upon his or her position, and will provide "Access to Medical Information Notice" per Section 7.n of this Order.

7. RESPONSIBILITIES.

a. Per 29 U.S.C. §668, the Chairperson (Head of the Federal Agency) will:

- (1) establish and maintain an effective and comprehensive occupational safety and health program that is consistent with the standards promulgated under 29 U.S.C. §655;
- (2) provide safe and healthful places and conditions of employment, consistent with the standards set under 29 U.S.C. §655;
- (3) acquire, maintain, and require the use of safety equipment, personal protective equipment, and devices reasonably necessary to protect employees;
- (4) keep adequate records of all occupational accidents and illnesses for proper evaluation and necessary corrective action;
- (5) consult with the Secretary with regard to the adequacy as to form and content of records kept pursuant to 29 U.S.C. §668(a)(3); and
- (6) make an annual report to the Secretary with respect to occupational accidents and injuries and the agency's program under this section. Such report will include any report submitted under 5 U.S.C. §7902(e)(2).

b. Per Executive Order 12196, the Chairperson (Head of Agency) will:

- (1) Furnish to employee's places and conditions of employment that are free from recognized hazards that are causing or are likely to cause death or serious physical harm.
- (2) Operate an OSH Program in accordance with the requirements of Executive Order 12196 and basic program elements promulgated by the Secretary.
- (3) Designate an agency official with sufficient authority to represent the interest and support of the agency head and to be responsible for the management and administration of the agency OSH Program.
- (4) Comply with all standards issued under section 6 of the Act, except where the Secretary approves compliance with alternative standards. When the Chairperson determines it is necessary to apply a different standard, the Chairperson will, after consultation with appropriate personnel on occupational safety and health committees, where established, notify the Secretary and provide justification that equivalent or greater protection will be assured by the alternate standard.
- (5) Assure prompt abatement of unsafe or unhealthy working conditions. Whenever the CSB cannot promptly abate such conditions, it will develop an abatement plan setting forth a timetable for abatement and a summary of interim steps to protect employees. Employees exposed to the conditions will be informed of the provisions of this plan. When a hazard cannot be abated without assistance of the General Services Administration or other lessor, the CSB will act with the lessor to secure abatement.
- (6) Establish procedures to assure that no employee is subject to restraint, interference, coercion, discrimination or reprisal for filing a report of an unsafe or unhealthy working condition, or other participation in CSB OSH Program activities.
- (7) Assure that periodic inspections of all agency workplaces are performed by personnel with equipment and competence to recognize hazards.
- (8) Assure responses to employee reports of hazardous conditions and require inspections within 24 hours for imminent dangers, 3 working days for

- potentially serious conditions, and 20 working days for other conditions. Assure the right to anonymity of those making the reports.
- (9) Assure that employee representatives accompany inspections of agency workplaces.
- (10) Operate an occupational safety and health management information system, which will include the maintenance of such records as the Secretary may require.
- (11) Provide safety and health training for supervisory employees, employees responsible for conducting occupational safety and health inspections, all members of occupational safety and health committees where established, and other employees.
- (12) Submit to the Secretary an annual report on the CSB's OSH Program that includes information the Secretary prescribes.

c. Per 29 C.F.R., Part 1960, the Chairperson (Head of Agency) will:

- (1) 29 C.F.R. §1960.6 *Designation of agency safety and health officials*:

 (a) Designate an official with sufficient authority and responsibility to represent effectively the interest and support of the agency head in the management and administration of the agency OSH Program. This DASHO should be of the rank of Assistant Secretary, or of equivalent rank, or equivalent degree of responsibility, and shall have sufficient headquarters staff with the necessary training and experience. The headquarters staff should report directly to, or have appropriate access to, the DASHO, in order to carry out the responsibilities under 29 CFR Part 1960.
 - (c) Assure that safety and health officials are designated at each appropriate level with sufficient authority and responsibility to plan for and assure funds for necessary safety and health staff, equipment, materials, and training required to ensure implementation of an effective OSH Program.
- (2) 29 C.F.R. §1960.7(a) Ensure that the agency budget submission includes appropriate financial and other resources to effectively implement and administer the agency's occupational safety and health program.
- (3) 29 C.F.R. §1960.8
 - (a) Furnish to each employee employment and a place of employment which are free from recognized hazards that are causing or are likely to cause death or serious physical harm.
 - (b) Comply with the Occupational Safety and Health Administration standards applicable to the agency.
 - (c) Develop, implement, and evaluate an occupational safety and health program in accordance with the requirements of section 19 of the Act, Executive Order 12196, and the basic program elements prescribed in this part, or approved alternate program elements.
 - (d) Acquire, maintain, and require the use of approved personal protective equipment, approved safety equipment, and other devices necessary to protect employees.
 - (e) Authorize safety and health personnel to utilize such expertise from whatever source available, including but not limited to other agencies, professional groups, consultants, universities, labor organizations, and

safety and health committees.

- (4) 29 C.F.R. §1960.11 Ensure that any performance evaluation of any management official in charge of an establishment, any supervisory employee, or other appropriate management official, measures that employee's performance in meeting requirements of the agency occupational safety and health program, consistent with the employee's assigned responsibilities and authority, and taking into consideration any applicable regulations of the Office of Personnel Management or other appropriate authority. The recognition of superior performance in discharging safety and health responsibilities by an individual or group should be encouraged and noted.
- (5) 29 C.F.R. §1960.12(e) Promote employee awareness of occupational safety and health matters through their ordinary information channels, such as newsletters, bulletins and handbooks.
- (6) 29 C.F.R. §1960.16 Comply with all occupational safety and health standards issued under section 6 of the Act, or with alternate standards issued pursuant to this subpart. In complying with section 6 standards, an agency may, upon prior notification to the Secretary, prescribe and enforce more stringent permissible exposure levels or threshold limit values and may require more frequent monitoring of exposures without recourse to the approval procedures for alternate standards described in §1960.17. In addition, after consultation with employees and safety and health committees and prior notification to the Secretary, an agency may utilize the latest edition of a reference standard if it is more stringent than the section 6 standard. After notification, the Secretary may require the use of the approval procedures for alternate standards for any of the situations described in this paragraph.
- (7) 29 C.F.R. §1960.17 *Alternate standards*. An agency head may apply an alternate standard where deemed necessary, and shall, after consultation with employees or their representatives, including appropriate occupational safety and health committees, notify the Secretary and request approval of such alternate standards.
 - (a) Any request by the head of the agency for an alternate standard shall be transmitted to the Secretary.
 - (b) Any such request for an alternate standard shall not be approved by the Secretary unless it provides equivalent or greater protection for affected employees. Any such request shall include:
 - i. A statement of why the agency cannot comply with the OSHA standard or wants to adopt an alternate standard;
 - ii. A description of the alternate standard;
 - iii. An explanation of how the alternate standard provides equivalent or greater protection for the affected employees;
 - iv. A description of interim protective measures afforded employees until a decision is rendered by the Secretary; and
 - v. A summary of written comments, if any, from interested employees, employee representatives, and occupational safety and health committees.
- (8) 29 C.F.R. §1960.18 Supplementary standards.
 - (a) In addition to complying with emergency temporary standards issued under section 6 of the Act, an agency head shall adopt such emergency

- temporary and permanent supplementary standards as necessary and appropriate for application to working conditions of agency employees for which there exists no appropriate OSHA standards. In order to avoid any possible duplication of effort, the agency head should notify the Secretary of the subject matter of such standard when the development of the standard begins.
- (b) The agency head shall send a copy of the final draft of the permanent supplementary standard to the Secretary prior to official adoption by the agency, along with any written comments on the standard from interested employees, employee representatives, and occupational safety and health committees. If the Secretary finds the permanent supplementary standard to be adopted inconsistent with OSHA standards, or inconsistent with OSHA enforcement practices under section 5(a)(1) of the Act, the Secretary shall have 15 working days in which to notify the head of the agency of this finding. In such a case, the supplementary standard shall not be adopted, but the agency will be afforded an opportunity to resubmit a revised standard that is designed to provide adequate protection and is consistent with OSHA standards. Upon request of the agency head, the Secretary shall offer to the agency technical assistance in the development of the supplemental standard.
- (9) 29 C.F.R. §1960.46 (Allegations of Reprisal) Agency Responsibility
 - (a) The head of each agency shall establish procedures to assure that no employee is subject to restraint, interference, coercion, discrimination or reprisal for filing a report of an unsafe or unhealthful working condition, or other participation in agency occupational safety and health program activities, or because of the exercise by such employee on behalf of himself or herself or others of any right afforded by section 19 of the Act, Executive Order 12196, or this part. These rights include, among others, the right of an employee to decline to perform his or her assigned task because of a reasonable belief that, under the circumstances the task poses an imminent risk of death or serious bodily harm coupled with a reasonable belief that there is insufficient time to seek effective redress through normal hazard reporting and abatement procedures established in accordance with this part.

d. Per 29 C.F.R., Part 1960, the DASHO will:

- (1) 29 C.F.R. §1960.6(b) Assist the Chairperson in establishing:
 - (a) An agency occupational safety and health policy and program to carry out the provisions of section 19 of the Act, Executive Order 12196, and this part;
 - (b) An organization, including provision for the designation of safety and health officials at appropriate levels, with adequate budgets and staffs to implement the occupational safety and health program at all operational levels;
 - (c) A set of procedures that ensures effective implementation of the agency policy and program as required by section 19 of the Act, Executive Order 12196, and the program elements of this part, considering the mission, size,

- and organization of the agency;
- (d) Goals and objectives for reducing and eliminating occupational accidents, injuries, and illnesses;
- (e) Plans and procedures for evaluating the agency's occupational safety and health program effectiveness at all operational levels; and
- (f) Priorities with respect to the factors which cause occupational accidents, injuries, and illnesses in the agency's workplaces so that appropriate corrective actions can be taken.

e. Additional DASHO responsibilities:

- (1) Proactively, advise the Chair on OSH program matters, especially when one of the OSH program elements is triggered (e.g., reporting and investigating work-related accidents and injuries, to include notifications to family and staff)
- (2) Gather the necessary information and prepare all reports, procedures, and other documents that are required for the Chair to establish, develop, or submit for the OSH program.
- (3) Conduct inspections of CSB office workplaces in accordance with the requirements of 29 C.F.R. §§1960.25 and 1960.26, as applicable. Inspections will occur at a minimum, annually. The inspections can be announced or unannounced. (29 C.F.R. §1960.25) Manage the development and implementation of any needed corrective actions.
- (4) Manage employee reports of unsafe or unhealthful working conditions in accordance with the requirements of 29 C.F.R. §1960.28, as applicable.
- (5) Investigate each accident to determine the causal factors involved in accordance with 29 C.F.R. §1960.29, as applicable. Manage the development and implementation of any needed corrective actions.
- (6) Manage and/or execute the abatement of unsafe and unhealthful conditions in accordance with the requirements of 29 C.F.R. §1960.28, as applicable.
- (7) Manage and/or execute the OSH programs identified in Section 8 of this Board Order and the Appendices and other OSH related matters.
- (8) Promote safety and health activities within the agency by initiating specific promotional campaigns (e.g., Safety Week, etc.).
- (9) Provide periodic information and training on the specific hazards present or likely in the workplace.
- (10) Create and support an ongoing safety and health training program for supervisors, IICs, and employees, as needed, and ensure that necessary training is provided.
- (11) Ensure that the practice of prompt completion and processing of employee injury compensation forms is followed within the agency.
- (12) Review the CSB's OSH Program periodically to ensure continued compliance with regulatory requirements and develop safety and health. requirements/programs in areas that are deficient or when a new need arises.
- (13) Manage and maintain compliance with the applicable sections of the recordkeeping and reporting requirements of Title 29 C.F.R., Subtitle B, Subpart I (*Recordkeeping and Reporting Requirements*). Coordinate with the Director of Records Management to ensure compliance with National Archives and Records Administration and Board Order 19 requirements.

- (14) Provide all results of Pre-Employment Medical Examinations to the hiring official and the Director of Human Resources.
- (15) Provide <u>all</u> results other than "pass" (e.g., fail, deferred, any kind of conditional pass, any other associated language, etc.) of the Medical Surveillance Program to the employee's supervisor and the Director of Human Resources.
- (16) Maintain documentation on all safety-related training conducted for CSB employees.
- (17) Report non-compliance with training requirements or any other OSH program requirement to the Chair <u>and</u> the responsible senior executive for the non-compliant employee(s), more specifically, the Executive Director, Senior Advisor, Director of Administration, and/or the General Counsel.
- (18) Manage the OSH activities of the SHOs.
- f. The Director of Finance will engage the DASHO during each phase of the fiscal cycle to determine if there are any OSH program resource needs to be addressed.
- g. The Investigators in Charge (IICs) will lead and direct all facets of field investigation activities on behalf of the CSB. During field investigation activities, IICs are responsible for the health and safety of all deployed CSB personnel. As such, IICs will function like deployed supervisors over all deployed personnel for all safety matters, among other things, and they must meet all of the responsibilities established below in Sections 7.h. and 7.i. below for Supervisors. In addition, IICs must:
 - (1) Prior to allowing CSB personnel to enter a potentially hazardous area at the incident site, and in consultation with local and/or contracted expertise as appropriate, determine the nature of any hazards that may be present, and assess whether any prohibited entry categories may be encountered;
 - (2) Obtain all relevant safety data sheets (SDSs) from the owner or operator of the site being investigated;
 - (3) Ensure that team members are informed of all hazards and are properly equipped and trained to be safe in light of hazards that may be present;
 - (4) Take responsibility for, and assert control over, all deployed CSB personnel on any and all matters relating to health and safety, and use all means necessary to protect the health and safety of all deployed CSB personnel, including temporarily suspending investigation-related activity, obtaining additional PPE, contracting out any functions that exceed CSB personnel's training or PPE limitations, etc.;
 - (5) Consult the DASHO, and other agency management officials when significant safety developments arise that might affect the investigation or the health and safety of deployed CSB personnel;
 - (6) Ensure any work-related accidents or injuries, as well as near-misses, are promptly reported and investigated, as required.
- h. Per 29 C.F.R. §1960.9, Supervisors: CSB employees who exercise supervisory functions will, to the extent of their authority, furnish employees employment and a place of employment which are free from recognized hazards that are causing, or are likely to cause, death or serious physical harm. They will also comply with the OSH standards applicable to their work areas, as well as with all CSB-issued rules,

regulations and orders (to include Board Orders) regarding the CSB's OSH Program.

- i. Additional Supervisor responsibilities:
 - (1) Immediately provide employee results other than "pass" (e.g., fail, deferred, any kind of conditional pass, or any other associated language, etc.) of the Medical Surveillance Program to the Director of Human Resources.
 - (2) Ensure all 'direct report' employees are compliant with this Board Order.
- j. Safety and Health Officials (SHOs):

Assist the DASHO in the following types of duties or combinations of duties:

- (1) respiratory protection;
- (2) asbestos protection;
- (3) hearing protection;
- (4) Personal Protective Equipment (PPE);
- (5) medical surveillance and pre-employment medical screening;
- (6) Hazard Communication (HAZCOM);
- (7) fall protection;
- (8) confined space entry;
- (9) occupant emergency action plan;
- (10) evacuation coordinators;
- (11) AED inspection and maintenance;
- (12) administration and operational requirements, including organizing training for regional office staff;
- (13) other items, as needed.

k. Per 29 C.F.R., Part 1960, the Employees:

- (1) 29 C.F.R. §1960.10(a) Each employee shall comply with the standards, rules, regulations, and orders issued by his/her agency in accordance with section 19 of the Act, Executive Order 12196, and this part which are applicable to his/her own actions and conduct.
- (2) Employees shall use safety equipment, personal protective equipment, and other devices and procedures provided or directed by the agency and necessary for their protection.
- (3) Employees shall have the right to report unsafe and unhealthful working conditions to appropriate officials.
- (4) Employees shall be authorized official time to participate in the activities provided for in section 19 of the Act, Executive Order 12196, this part, and the agency occupational safety and health program.

1. Additional Employee responsibilities:

- (1) Complete all applicable OSH program training requirements in a timely manner.
- (2) Immediately provide <u>any</u> results other than "pass" (e.g., fail, deferred, any kind of conditional pass, or any other associated language, etc.) of the Medical Surveillance Program to the employee's supervisor and the Director of Human

Resources.

(3) Promptly report any work-related accidents or injuries, as well as near-misses, to the DASHO, your IIC if deployed for an investigation, or your supervisor for all else.

8. BASIC PROGRAM INFORMATION.

This section describes the CSB's OSH program. Programs that are required by OSHA are further detailed in the attached Appendices.

a. Required Posting and Program Promotion:

Posters will be conspicuously displayed in accordance with 29 C.F.R. §1960.12(c), in CSB headquarters and regional offices. The poster will inform employees of the following:

- (1) Provisions of the OSH Act and Executive Order 12196.
- (2) The CSB OSH Program required by 29 C.F.R., Part 1960.
- (3) Details of the CSB's procedures for responding to reports by employees of unsafe or unhealthful working conditions, and to allegations of discrimination or reprisal due to participation in safety and/or health activities.
- (4) The location where employees may obtain information about the CSB OSH Program, including the full text of CSB occupational safety and health standards.

The CSB will also promote employee awareness of safety and health matters through its intranet sites, electronic mail, bulletins and safety meetings, where appropriate.

b. Standards:

The CSB will comply with the safety program element requirements set forth in 29 C.F.R., Part 1960. Where an OSHA standard is applicable to the CSB work environment, the agency will adhere to that standard. If a problem is identified and there is no applicable OSHA standard, then standards or codes published by other nationally recognized safety organizations will be studied for guidance when creating an appropriate standard for the CSB. These standards will be available for review by employees in the CSB library. The CSB reserves the right to apply alternate standards, where deemed necessary, in accordance with the requirements of 29 C.F.R. §1960.17, or to create supplementary standards in accordance with 29 C.F.R. §1960.18.

c. Inspections (office areas):

(1) The DASHO will annually inspect the CSB Washington, DC Headquarters (DC HQ) office area and the SHOs will be responsible for annual inspections of regional offices and communication of the findings to the Chairperson and Director of Human Resources. Supervisors are required to abate any

discovered hazards in a timely manner. The annual inspection will begin with an opening conference wherein the inspection procedure and the safety program requirements will be explained to both management and employees. Management and a representative chosen by employees may accompany the DASHO/SHOs through the entire inspection. CSB employees have the right to accompany management officials during the inspection on official duty time. The DASHO/SHOs will explain each hazard observed and noted during the inspection.

(2) When the inspection is over, a closing conference will be held with the manager and employee representative. At this time, each hazard that was noted during the inspection will be discussed and an abatement date for each hazard will be agreed upon. When abatement cannot be completed within a reasonable amount of time due to extenuating circumstances, interim safeguards will be put into effect, when practical, to reduce the risk of accident or injury. Inspections may also be conducted when an employee reports an unsafe condition; such an inspection will be conducted in accordance with the procedures found at Appendix K.

d. Product Safety:

When questions arise about the safety of new pieces of equipment, or chemicals to be purchased and used in the workplace, the DASHO or SHOs should be consulted about safety standards and precautions applicable to the item(s) being purchased. This process is to ensure that products and equipment used by CSB employees are safe, that any special storage requirements can be met, and that necessary protective apparel is available. When a request is made for procurement of an item that could pose serious safety or health problems, the DASHO or SHOs will do the research necessary to determine whether there is a safer product and discuss the matter with the person who made the request.

e. Hazard Communication (HAZCOM):

The purpose of this section, as detailed in Appendix A, is to ensure that all hazardous chemicals that are likely to be encountered by CSB personnel in the course of any assigned duties are properly evaluated, and that information concerning chemical hazards is transmitted to employees. OSHA Standard 29 C.F.R. §1910.1200 is the Hazard Communication Standard. It requires a written hazard communication program (29 C.F.R. §1910.1200(h)(iii)) to inform employees of the hazardous materials used in their workplace. The program must include container labeling and other forms of warning. Training is also required for all employees using hazardous materials. Any chemical of a hazardous nature used in the workplace must have a safety data sheet (SDS) located in the workplace. The SDS must be available and accessible for review by employees using the chemical. The DASHO and SHOs will be responsible for assuring the implementation and continuous updating of the CSB's written Hazard Communication Program.

f. Occupant Emergency Plans:

OSHA Regulation 29 C.F.R. §1910.38, General Services Administration (GSA) requirements and Department of Homeland Security (DHS) guidelines, require a written stand-alone occupant emergency plan that states in advance how emergencies will be handled for each CSB office. Such plans provide detailed information regarding what to do in event of fire, bomb threat or other emergencies. Ensuring that these written plans are updated as needed and that they contain sufficient information will be the responsibility of the DASHO for the DC HQ office and the SHOs for regional offices. A yearly review of these plans will be part of the annual safety and health program review conducted by the DASHO. Copies of these plans will be posted on the CSB intranet web and/or SharePoint site and training on their provisions will be provided to all CSB personnel when initially adopted and when changes are made.

g. Workplace Ergonomics:

The CSB recognizes that certain ergonomic and environmental factors can contribute to the safety, health and comfort of CSB employees in the everyday performance of their duties. The CSB is committed to compliance with OSHA/NIOSH ergonomic guidelines, as well as the reasonable accommodation requirements of the American Disability Act. Thus, to the extent practicable and possible, workstations, tools, and equipment will be designed to maximize worker safety, health, comfort, and productivity. Training will be provided periodically on the proper adjustment of video terminals and furniture. The DASHO will provide support for these efforts at the CSB DC HQ office and the SHOs at regional offices. Employees need to notify their supervisors of any work-related medical condition that develops that may be associated with ergonomic hazards.

h. Vehicle Travel Safety:

(1) Only CSB employees who hold a valid State driver's license may rent or drive any motor vehicle during the performance of official CSB duties. All vehicles used on official business must be minimally equipped with safety belts and shoulder harnesses for front seat occupants and safety belts for rear seat passengers. CSB employees operating or riding in a government-owned, government-rented, or privately-owned vehicle on official business, are to use safety restraints (both seat belts and shoulder harnesses if available) ¹. In addition, the driver will instruct passengers to fasten their safety restraints before operation of the vehicle. The use of cell phones (or other electronic devices) for either voice or text communication² (or other activities) by the driver of a motor vehicle, even if a "hands free" option is available, while the vehicle is in motion is expressly prohibited. Cell phones are permitted to be used as a navigation aid

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&</sup>lt;sup>1</sup> For guidance on seatbelt use while driving, see *Safety belt use requirements for Federal employees*. Exec. Order 12566, 51 FR 34575 (September 26, 1986); and *Increasing Seat Belt Use in the United States*. Exec. Order 13043 (April 16, 1997). Available on the CSB intranet site.

² For guidance on texting while driving, see *Federal Leadership on Reducing Text Messaging while Driving*. Exec Order No. 13513 (October 1, 2009). Available on the CSB intranet site.

- by the vehicle operator while driving provided the route is programmed before driving commences.
- (2) Daily, before driving any assigned vehicle, in addition to walking around the vehicle, the operator must check:
 - a) brakes,
 - b) steering,
 - c) windshield wipers,
 - d) tires,
 - e) all operational lights, and
 - f) horn.
- (3) If a vehicle is found to be unsafe to operate, notify the proper authority immediately and arrange for alternate transportation. CSB personnel are not authorized to drive any vehicle that they know, or should know, is unsafe to operate. For example, if the horn doesn't work, the tires are bald, or, while the employee is driving, the brakes stop working, the employee should know that the vehicle is unsafe to operate.

i. Reporting and Investigating Work-Related Accidents and Injuries:

- (1) Accidents are reported and investigated in order to determine cause, so that similar occurrences may be prevented in the future. If an employee has an accident or sustains an injury or illness while performing his/her assigned duties, he or she as soon as possible will report it to his/her supervisor, who will then complete a first report of injury form (OSHA 301).
- (2) The form must be completed as soon as possible. The injured employee's supervisor (or, if deployed, the IIC) will complete the form. This form will be forwarded to the DASHO who will ensure that a workplace injury log is created (OSHA 300). The DASHO will further ensure that the basic information is maintained, along with information regarding any other accidents or injuries, in order to create the statistical data necessary to develop prevention programs and to prepare the agency's required annual report. A copy of all accident or injury forms will also be provided to the Director of Human Resources (HRD) and an additional copy will be provided to the Office of General Counsel (OGC).
- (3) The DASHO or his/her designee will investigate all serious work-related accidents (requiring any treatment more extensive than first aid, or in any case requiring an absence from work, or any accident involving the death of CSB employees, the hospitalization of three or more employees, or, in the discretion of the DASHO, any other significant injury requiring medical treatment). Accidents involving only substantial property damage, and near misses that could have resulted in a serious accident, may also be investigated to an extent reflective of the seriousness of the accident or incident.
- (4) The DASHO must determine the causal factors involved in each accident. Except to the extent necessary to protect employees or the public, evidence at the scene of an accident will be left untouched until the employee investigating the accident has an opportunity to examine it. At CSB offices, the injured employee's supervisor (or if necessary, the DASHO) will conduct the investigation. In the case of accident investigations during field deployments,

- the IIC will conduct the investigation.
- (5) The report of the accident will include appropriate documentation on date, time, location, description of operations, description of accident, photographs, interviews of employees and witnesses, measurements, and other pertinent information. A copy of the investigative report will be forwarded to the employee involved in the accident when it is completed, and the office of the DASHO, the HRD, and the OGC.
- (6) As a separate matter, within eight hours after the death of any CSB employee from a work-related incident, or the in-patient hospitalization of three or more employees resulting from a work-related incident, the Chairperson or his/her designee will orally report the fatality/multiple hospitalization by telephone or in person to the area office of the Occupational Safety and Health Administration, in accordance with 29 C.F.R. §1904.39.

j. Work-Related Accidents and Injuries – Recordkeeping:

- (1) As discussed above, the process for reporting and investigating work-related accidents, injuries, and illnesses will generate several types of records. These records include:
 - a) reports of occupational accidents, injuries, and illnesses;
 - b) the workplace injury log;
 - c) the workplace injury database;
 - d) reports of investigations of workplace accidents; and
 - e) related records (e.g., correspondence and memos pertaining to reports and investigations).
- (2) These records will be maintained in accordance with applicable OSHA regulations, including Title 29 C.F.R., Part 1904, *Recording and Reporting Occupational Injuries and Illnesses*). Disposition instructions for these records are provided by National Archives and Records Administration General Record Schedule (GRS) 2.7, "Employee Health and Safety Records," item 020, "Occupational injury and illness program records." Note, however, that item 040, "Workplace environmental monitoring and exposure records," and item 060, "Occupational individual medical case files," are treated differently within the GRS 2.7, and should be consulted for disposition purposes. The DASHO or his/her designee is responsible for maintaining: the official record copy of reports of occupational accidents, injuries, and illnesses; the workplace injury log; the workplace injury database, and related records; as well as the official record copy of reports of investigations of workplace accidents, and related records.
- (3) The five types of records generated by the reporting and investigation process for work-related accidents, injuries, and illnesses are covered by the Privacy Act, under the government-wide system of records, "Employee Medical File System Records" (OPM/GOVT-10). The records will be maintained and handled in strict accordance with the requirements of the National Archives and Records Administration, the Privacy Act, OPM/GOVT-10, and Board Order 19.

k. Reporting Hazards:

- (1) Employees should be aware of their surroundings and report all hazards and other dangerous workplace conditions immediately. Appendix K establishes the procedures that CSB personnel should use in reporting hazards, and further establishes the manner in which hazards will be investigated and abated. Employees should always report safety and health hazards to the supervisor first, or, during the field phase of an investigation, to the IIC. In many cases, the supervisor can correct the problem. Employees also have the option of reporting a hazard directly to the DASHO, SHO, or the Occupational Safety and Health Administration (OSHA), after attempts to correct the hazard through the supervisor and other agency mechanisms have failed. (See Appendix K for program details and recordkeeping requirements.)
- (2) Any employee who believes that an unsafe or unhealthful working condition exists in any workplace where that employee is employed, has the right, and is encouraged, to report unsafe or unhealthful working conditions, and to request an inspection of that workplace. The report will be reduced to writing, either by the individual submitting the report, or, in the case of an oral notification, by the supervisor, the DASHO, SHO, or other person designated to receive the reports in the workplace. Any such report will set forth the grounds for the report and will contain the name of the employee or representative of employees, unless the employee or representative of employee's requests anonymity.
- (3) Pursuant to 29 C.F.R. §1960.28(c), no person receiving a report (i.e., supervisor, DASHO, SHO or other management official) will disclose the name of the individual making the hazard report, or the names of individual employees referred to in the report, to anyone other than authorized representatives of the Secretary, when anonymity is requested by the individual making an unsafe or unhealthful workplace report.
- (4) In the case of situations involving imminent danger, employees will make reports by the most expeditious means available. Each report of an existing or potential unsafe or unhealthful working condition will be recorded on a log and maintained by the DASHO. At a minimum, each log entry will contain the following information: date, time, location of condition, brief description of the condition, classification (imminent danger, serious or other), and date and nature of action taken.
- (5) Pursuant to Executive Order 12196, the CSB will conduct worksite inspections within 24 hours for employee reports of imminent danger conditions, within three working days for potentially serious conditions, and within 20 working days for other than serious safety and health conditions. However, an inspection may not be necessary if, through normal management action, and with prompt notification to employees, the hazardous condition(s) identified can be abated immediately. The employee making a report of unsafe or unhealthful working conditions will be notified in writing within 15 working days if the official receiving the report determines that there are no reasonable grounds to believe that the reported hazard exists and does not plan to make an inspection.
- (6) The DASHO, under the authority of the Board, and in consultation with the Executive Director, will establish procedures to ensure that no employee is

subject to restraint, interference, coercion, discrimination or reprisal for filing a report of an unsafe or unhealthful working condition, or other participation in agency OSH Program activities, or because of the exercise by such employee on behalf of himself or herself or others of any right afforded by Section 19 of the OSH Act, Executive Order 12196, or 29 C.F.R., Part 1960. These rights include, among others, the right of an employee to decline to perform his or her assigned task because of a reasonable belief that, under the circumstances, the task poses an imminent risk of death or serious bodily harm, coupled with a reasonable belief that there is insufficient time to seek effective redress through normal hazard reporting and abatement procedures established in this program. 29 C.F.R. §1960.46(a). (See Appendix K for program details.)

1. Unique Safety and Health Practices:

Supervisors will inform employees of any unusual or unique safety or health practices in effect in their workplace. Remember that safety or health standards, codes and procedural practices are usually developed after a history of accidents or injuries, so adhering to the rules should prevent the employee from having a similar accident.

m. Employee Assistance Program (EAP):

In accordance with Public Laws 79-658, 91-616, 92-255 as amended, and Executive Order 12564, the CSB hereby implements its Employee Assistance Program (EAP). According to the Office of Personnel Management, EAP is a voluntary, confidential program that helps employees (including management) work through various life challenges that may adversely affect job performance, health, and personal well-being to optimize an organization's success. EAP services include assessments, counseling, and referrals for additional services to employees with personal and/or work-related concerns, such as stress, financial issues, legal issues, family problems, office conflicts, and alcohol and substance use disorders. EAPs also often work with management and supervisors providing advanced planning for situations, such as organizational changes, legal considerations, emergency planning, and response to unique traumatic events. These services are provided on a free and confidential basis to CSB employees through Federal Occupational Health (FOH). Assistance can be obtained 24 hours a day, seven days a week, by calling 1-800-222-0364 or 1-888-262-7848 (TTY). Information can also be obtained from the FOH website, found at www.foh4you.com.

n. Access to Medical Information:

OSHA Standard 29 C.F.R. §1910.1020 gives employees the right to access their medical and exposure records. It requires that employees <u>be notified annually</u> and upon first entering into employment of their rights to these records. The DASHO will provide this notification during new employee orientation and as part of the agenda of at least one employee safety presentation annually.

o. Field Safety and Health Program:

- (1) Protection of Investigators and other CSB personnel deployed with a field investigation team, or any time during the field phase of an accident investigation, is critical. No accident investigation activity is so important that it should be allowed to threaten the life, safety or health of anyone. During the initial phases of the CSB response to a chemical incident, Investigators may encounter hazardous conditions that present a significant risk to their safety and health. Among the potential hazards that may be encountered are: highly toxic atmospheric and surface contamination, (including carcinogens), the identity and concentration of which may not be known; explosive or corrosive atmospheres; confined spaces; and the potential for encountering atmospheres immediately dangerous to life and health. To better understand the risks that these hazards pose and methods by which investigators can protect themselves, training in HAZWOPER and NIMS are required before being deployed to an investigation site (See Appendix B for program details).
- (2) As noted above, IICs, and if necessary, in consultation with the DASHO/SHO, are responsible for the health and safety of any deployed CSB personnel during field investigation activities. When issues arise regarding investigation site safety and health matters that require further evaluation, the CSB will contract with professional engineers, certified industrial hygienists and/or certified safety professionals to evaluate and resolve them.
- (3) In addition to duties already outlined in specific subject areas throughout the CSB OSH Program, IICs must also enforce the following restrictions on investigative activity:
 - a) CSB personnel will not be allowed to enter into prohibited entry areas (PEAs), which are to be determined by the IIC, such as environments that contain extreme risks (e.g., active fire scenes, explosive or flammable substances are present in dangerous concentrations, potentially hazardous but unidentified substances are present, radiation is present and exceeds permissible exposure levels, mechanical devices with energized electricity that cannot be shut off or locked out, pipelines that cannot be isolated and/or shut off, structures that could collapse, etc.), exceed the team's training limitations or available PPE, or other such factors identified as a significant risk by the IIC.
 - b) CSB personnel will generally not be allowed to enter any area where Level A or B respiratory protection is required, including Immediately Dangerous to Life or Health (IDLH) atmospheres. Exceptions may be made on a case by case basis with prior approval by the Chairperson, Executive Director and DASHO if inspection circumstances warrant and hazards cannot be feasibly downgraded to a lower level of respiratory protection. CSB personnel conducting such activities will receive additional training prior to entering areas requiring Level A or B respiratory protection and means will be provided for emergency rescue in accordance with 29 C.F.R. §1910.134.
 - c) Investigation activity by any CSB personnel must be carefully planned to minimize the on-site time required, thus reducing potential exposure time.

p. Training Records:

- (1) To ensure that training documentation is properly maintained and readily accessible, the DASHO will establish an agency-wide "Safety Training File System." This system will have two components the "Individual Safety Training File" and the "Training Administration File."
- (2) The Individual Safety Training File will consist of a folder for every CSB employee. All documentation of training received by individual employees will be maintained in their respective folders. Individual folders will be retained until one year after the date of separation of the employee to whom the folder pertains.
- (3) The Individual Safety Training File is covered by the Privacy Act under a CSB system of records. This file will be maintained and handled in strict accordance with the requirements of the Privacy Act and applicable system of records, the National Archives and Records Administration, and Board Order 19.
- (4) The Training Administration File will consist of all training records that do not pertain to individual employees. Examples of records to be located in this file include planning and administrative documents, memoranda and correspondence, and copies of all training materials (i.e., hand-outs, presentation slides, etc.). Records in the Training Administration File will be retained for the period of time required by the relevant records schedule (See CSB Board Order 019). This file is not covered by the Privacy Act.

q. On-Site Equipment:

The CSB will select and maintain the full complement of equipment necessary to investigate the hazards commonly found in the workplace. Because equipment and supplies necessary for accident investigations are typically stored at the agency's headquarters and regional offices, management will ensure that supervisors and Investigators have ready access to the office areas during off-duty hours.

r. Pre-Employment and Medical Surveillance Programs:

CSB staff members investigate chemical accidents and perform other work around hazardous substances. During these investigations, employees may be exposed to potentially hazardous situations and substances. The implementation and application of a pre-employment medical examination (**Appendix C**), and medical surveillance examination (**Appendix D**), for applicants and Investigators, respectively, ensures that the health of CSB employees will be monitored and protected at a level that permits them to perform job-related assignments without medically related hazards to themselves or others. (**See Appendix C & D for program details.**)

s. Public Access Defibrillation (PAD) and Bloodborne Pathogens Programs:

In accordance with the GSA Guidelines for Public Access Defibrillation [PAD] Programs in Federal Facilities, FMR Bulletin 2009-B2, the CSB has elected to establish a stand-alone PAD program for its DC HQ and regional offices. Additionally, a portable automated external defibrillator (AED) is available during certain remote field deployments. Copies of the PAD and AED programs, as well as a separate standalone exposure control plan for compliance with OSHA bloodborne pathogens standard (e.g., 29 C.F.R. §1910.1030), are available on the CSB intranet or SharePoint site. The DASHO and SHOs are responsible for updating these programs on an annual basis, conducting periodic checks of the AEDs, ensuring necessary first aid supplies are available and that affected employees are appropriately trained. Program oversight and training is provided by Federal Occupational Health. All CSB investigators and select volunteer CSB office personnel will be initially trained and receive periodic refresher training in First Aid, CPR, AED and bloodborne pathogens (See **Appendix F** for training program details).

t. CSB Respiratory Protection Program (RPP):

- (1) In order to control or eliminate occupational health hazards caused by breathing air contaminated with harmful dusts, fogs, fumes, mists, gases, smokes, sprays, or vapors, the primary objective will be to prevent CSB employee exposure to atmospheric contamination. This will be accomplished as far as feasible by encouraging site employers to use accepted engineering control measures (for example, enclosure or confinement of the operation, general and local ventilation, and substitution of less toxic materials). When effective engineering controls are not feasible during field activities, or while they are being instituted, appropriate respirators will be used by CSB Investigators pursuant to requirement of OSHA standard 29 C.F.R. §1910.134.
- (2) The CSB's RPP is set out in detail at Appendix E. Respirators will be provided by the CSB when such equipment is necessary to protect the health of the employee. The CSB will provide respirators that are suitable for the purpose intended. The CSB will be responsible for the establishment and maintenance of a RPP that will include, as a minimum, the requirements outlined in paragraph (c) of the OSHA standard referenced above. (See Appendix E for program details.)

u. CSB Fall Protection Plan.

The purpose of a fall protection plan is to protect employees working at elevated heights from falling while doing non-routine work at a worksite. The CSB's Fall Protection Plan is found at Appendix G. Fall protection standards are outlined in OSHA General Industry Standards under 29 C.F.R. §§1910.23 – 1910.30, Walking-Working Surfaces; 29 C.F.R. §1910.140, Personal Fall Protection Systems, 29 C.F.R. §1910.140 and in OSHA Construction Standards under 29 C.F.R. §1926, Subpart M, Fall Protection, 29 C.F.R. § 926.104, Safety Belts, Lifelines, and Lanyards, 29 C.F.R. §1926.105, Safety Nets, and 29 C.F.R. §1926.106, Working Over or Near Water. National consensus standards also provide guidelines for technical issues related to fall protection and elevated work

surface exposures and associated controls. (See Appendix G for program details.)

v. CSB Permit-Required Confined Space Entry Program:

The purpose of a confined space program is to prevent injuries to personnel who must enter confined spaces to work. Practices and procedures to protect employees from the hazards of entry into confined spaces are covered under the U.S. Department of Labor, Occupational Safety and Health Administration's (OSHA), Permit-Required Confined Spaces, 29 C.F.R. §1910.146 and Confined Spaces in Construction, 29 C.F.R. §1926, Subpart AA. The CSB Permit-Required Confined Space Entry Program (PRCSEP) is found at Appendix H. The CSB PRCSEP is designed to enable employees to operate safely in a confined space work environment that is maintained by another employer. All confined spaces are considered potentially hazardous especially those where actual knowledge of the space is limited. Therefore, CSB employees will not enter confined spaces until the site employer's confined space evaluation data has been examined by the IIC and is found to be in compliance with this program and the OSHA standard and allows CSB employees to meet its own safety requirements. This program applies to all CSB investigative personnel and contractors. (See Appendix H for program details.)

- w. CSB Personal Protective Equipment (PPE) Requirements Program, Asbestos Protection Program, and Individual Fit Equipment Program.
 - (1) The DASHO/SHO will ensure that adequate personal protective equipment for each investigator is available. The CSB PPE policy is found at Appendix J. Each investigator will be trained in the proper care, use and limitations of the personal protective equipment (PPE) assigned to them. If additional PPE is necessary, it must be obtained prior to exposure.
 - (2) Investigators must take adequate precautions to protect himself/herself from recognizable hazards the course of the investigation. (See Appendix J for PPE program details.) Questions about precautions to be taken in relation to asbestos are fully addressed in Appendix L, the CSB Asbestos Protection Program, and are also addressed collaterally in Appendices E, F, and J. (See Appendix L, E, F, and J for program details.) Questions about prescription protective eyewear, respirator spectacle kits, safety shoes/boots and the CSB's Individual Fit equipment program, are separately addressed in a separate Appendix. (See Appendix M for program details.)

x. General Recordkeeping:

- (1) Administration of the CSB OSH Program will generate a variety of official records. Recordkeeping requirements for particular types of records are explained in the appropriate places in this program and its appendices.
- (2) In addition to the specific records categories identified throughout the OSH Program, a number of general administrative records will be created in the course of operating the program. Examples of such records include program documents,

planning documents, and related memoranda and correspondence. When these documents are not covered by a more specific record category described elsewhere in this program (and appendices), they will be maintained in an "OSH Program Administration File." The DASHO is responsible for creating and maintaining the OSH Program Administration File. Records in this file will be in kept compliance with National Archives and Records Administration (NARA) and Board Order 19 requirements and retained for five years from the date of their creation.

9. REVIEW AND UPDATE. The DASHO will be responsible for reviewing this Order on an annual basis and for proposing revisions to the Board when appropriate.

U.S. Chemical Safety and Hazard Investigation Board

Adopted January 25, 2001; Amended August 10, 2003; Amended June 6, 2019.

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Appendix A

CSB Hazard Communication (HAZCOM) Program

1. General CSB Policy.

The CSB is complying with the OSHA Hazard Communication Standard, Title 29 Code of Federal Regulations 1910.1200, by compiling a hazardous chemicals list, by using safety data sheets (SDSs), by ensuring that containers are properly labeled, and by providing its employees with required training. This program applies to all office work operations in the CSB where employees may be exposed to hazardous chemicals under normal working conditions or during an emergency, as well as during field investigation work.

The DASHO is the program coordinator and maintains overall responsibility for the program, unless otherwise delegated. SHOs will be responsible for program implementation at regional offices. The DASHO, or his/her designee, will review and update the program as necessary. Under this program, CSB employees will be informed of the contents of the Hazard Communication Standard, the hazardous properties of chemicals which may be in the workplace, safe handling procedures, and measures employees must take to protect themselves from these chemicals. Employees will also be informed of the hazards associated with non-routine tasks, such as changing printer cartridges or responding to small chemical spills or chemical fires and unlabeled pipes within the work area.

2. HAZCOM and Deployed CSB Personnel

HAZCOM is critically important to CSB personnel deployed to field investigation activities. The IIC assigned to each field investigation team must obtain information about hazardous substances at the scene in order to make preliminary and ongoing decisions about the safety of the deployed team members. Where possible, information about such hazards should be gathered prior to deployment. When this is not possible, the IIC must obtain this information from the owner or operator of the facility being investigated, and/or the on-scene commander or other lawful authority in charge of an accident site. Methods of obtaining such information include but are not limited to: obtaining copies of all relevant SDSs and labeling systems, direct personal observation, and the taking of relevant and appropriate samples. It is anticipated that in some situations the IIC will not have the technical expertise to make a site safety determination. Should additional site safety expertise be needed, it should be acquired via logistical support coordinated by the Executive Director.

Once all needed information is obtained, the IIC must analyze the nature and extent of the incident in light of any potential safety and health hazards. This analysis must include the type, amount, and quality of PPE available to CSB personnel, as well as each individual team member's training and experience.

The result of this decision-making process will undoubtedly vary. At one end of the spectrum, investigative activity should be able to commence immediately, with or

without some form of PPE. At the other end of the spectrum, an IIC may be required to abort or temporarily suspend on-scene investigative activity due to safety concerns. If this should occur, the IIC should coordinate this decision with appropriate agency management officials. Additionally, the IIC should continue to monitor the hazards present with the assistance of contracted certified industrial hygienists, if needed, and wait for a downgrade that would allow resumption of investigative activity at the site. In either case, the IIC should continue monitor all potential hazards, and take appropriate action based upon that information.

3. HAZCOM and CSB Offices

HAZCOM requirements also apply to the office environment at CSB headquarters and all regional offices.

4. List of Hazardous Chemicals.

The DASHO will make a list of all hazardous chemicals and related work practices used at CSB headquarters and will update the list as necessary. The SHOs will do the same for all regional offices. This list of chemicals identifies only those chemicals used in the office areas.

5. Safety Data Sheets (SDSs)

SDSs provide employees with specific information about the hazardous chemicals they use. The DASHO will maintain a binder in his or her office with an SDS on every hazardous chemical used at the CSB headquarters. The SHO will do the same for all regional offices. These SDSs will be made readily available to each employee upon request. The DASHO/SHO is responsible for acquiring and updating SDSs. He or she will contact the chemical manufacturer or vendor if additional research is necessary or if an SDS has not been supplied with an initial purchase from the vendor. The DASHO/SHO must clear all new chemical procurements for the CSB prior to delivery.

6. Labels and Other Forms of Warning.

The DASHO will ensure that all hazardous chemicals in the work area are properly labeled at headquarters and the SHOs will do the same for all regional offices. Labels will list the chemical identity, appropriate hazard warnings and pictograms, and the name and address of the manufacturer, importer or other responsible party. The DASHO or SHO will refer to the corresponding SDS to assist personnel in verifying label information.

Labeling provisions will also be followed when CSB ships hazardous chemicals from investigation sites or receives chemical samples for conducting analytical testing. As DOT requires preparation of manifests and special training for shipping of hazardous materials, CSB will use appropriately trained employees or contractors for packaging and shipping these chemicals.

7. Non-Routine Tasks.

If employees are required to perform hazardous non-routine tasks, a special training session will be conducted to inform the employee(s) of the hazardous chemicals to which they might be exposed and the precautions they must take to reduce or avoid exposure.

8. Training.

Every employee who works with or is potentially exposed to hazardous chemicals will receive initial training on the HAZCOM Standard and the safe use of those hazardous chemicals. The DASHO/SHO will conduct these training sessions, or ensure they are conducted. Whenever a new hazard is introduced, additional training will be provided. Regular safety meetings will also be used to review the information presented in the initial training. Supervisors will be trained, as needed, regarding hazards and appropriate protective measures so they will be available to answer questions from employees and provide daily monitoring of safe work practices.

9. CSB HAZCOM Training Program.

The CSB HAZCOM training program will include:

- a. A summary of the OSHA standard, United Nations Globally Harmonized System of Classification and Labeling of Chemicals (GHS) framework and the CSB's written program.
- b. The chemical and physical properties of hazardous materials (e.g., flash point, vapor pressure, reactivity) and methods that can be used to detect the presence or release of chemicals;
- c. The physical hazards of the chemicals in work areas (e.g., potential for fire, explosion, etc.) according to the GHS;
- d. The health hazards according to the GHS, including signs and symptoms of exposure, of the chemicals in work areas and any medical condition known to be aggravated by exposure to these chemicals;
- e. Procedures to protect against chemicals hazards (e.g., required personal protective equipment, and its proper use and maintenance; work practices or methods to ensure appropriate use and handling of chemicals; and procedures for emergency response);
- f. Work procedures to follow to assure protection when cleaning hazardous-chemical spills and leaks;
- g. The location of the SDSs, how to read and interpret the information on labeling systems (including product, transport, in-plant and piping) and SDSs, and how employees may obtain additional hazard information.

The DASHO or his/her designee will periodically review the employee hazard training program and re-evaluate training or retraining needs. Retraining is usually required when the chemical hazards change or when a new hazard is introduced into the workplace. It will be CSB policy to provide training regularly in safety meetings to ensure the effectiveness of the program. As part of the assessment of the training

program, the DASHO will obtain input from employees regarding the training they have received, and their suggestions for improvement.

10. HAZCOM and CSB Contractor Employees.

The DASHO, (or during field investigations, the IIC), upon notification by the responsible supervisor, will advise any outside contractors, where appropriate, of any chemical hazards they may be encountered in the normal course of their work on the premises. This notification will include the labeling system(s) in use, the protective measures to be taken, and safe handling procedures t. In addition, the DASHO will notify the contract supervisor of the location and availability of SDSs. Each contractor bringing chemicals on-site must provide the DASHO with the appropriate hazard information for any hazardous substances in its possession that could affect CSB employees in the normal course of their work. This information must include SDSs, labels, and precautionary measures to be taken when working around these chemicals.

At a minimum, contractors working on field investigations with CSB Investigators will follow all HAZCOM and PPE requirements identified for CSB personnel during any work performed on behalf of the CSB.

11. Hazard Determination.

The CSB does not manufacture, produce or import hazardous chemicals and the agency is relying solely on the hazard determination of its suppliers as reflected on the SDS for chemicals used in its headquarters. A hazard determination will be performed in the field prior to shipping samples and/or other evidence, and labels will be utilized in accordance with paragraph 6.

12. HAZCOM Recordkeeping Requirements.

The SDSs and the hazardous chemical list called for by this program are considered agency records. These records will be maintained in accordance with applicable OSHA regulations, particularly 29 C.F.R. §1910.1200. As noted above, the DASHO is responsible for acquiring/developing, updating, and maintaining SDSs and the hazardous chemical list. The DASHO is further responsible for ensuring that these records are available in the locations specified in regulation and this program. Current versions of SDSs and the hazardous chemical list will be retained as prescribed in regulation and this program until obsolete. Obsolete versions of SDSs and the hazardous chemical list will be clearly marked "obsolete" and retained by the DASHO in a separate file for one year from the date of obsolescence.

Records pertaining to the general administration of the Hazard Communication Program will be maintained in a "Hazard Communication Program Administration File." The DASHO is responsible for creating and maintaining the Hazard Communication Program Administration File. Records in this file will be retained as required by NARA and Board Order 19 requirements.

Appendix B

CSB HAZWOPER/NIMS Program

- 1. Before a CSB Investigator is assigned any field investigation activities which may involve exposure to potentially hazardous chemicals, he or she will successfully complete an initial 40-hour training course in Hazardous Waste and Emergency Response Operations (HAZWOPER) that meets the requirements outlined in 29 C.F.R. §1910.120. As such training requires a demonstration of competency for successful completion, this training is typically obtained via an instructor led course given by a certified state fire school, the OSHA Training Institute or Education Center, or a private training firm.
- 2. In order to maintain their HAZWOPER competency, CSB investigators will successfully complete at least eight hours of annual refresher training subsequent to the initial 40-hour course mentioned above. Again, as demonstration of continued competency is required for successful completion, such training is typically obtained via an instructor led course conducted by one of the sources mentioned above.
- **3.** CSB personnel assigned to investigation teams who will only be performing non-field related investigative tasks, such document reviews and/or site personnel interviews, conducted in office-like settings, where there is no potential for exposure to potentially hazardous chemicals, are exempt from the above training requirements.
- 4. As CSB investigators often arrive at investigation sites where emergency response operations are still in progress and will typically evaluate the effectiveness of the emergency response as part of the CSB investigation, especially if emergency responders are killed or injured, prior knowledge of the emergency response framework is essential to performing investigative tasks. So, before a CSB Investigator may deploy to an investigation site, he or she must successfully complete awareness training in the National Incident Management System (NIMS), such as course IS-00700a or equivalent, provided by the Federal Emergency Management Association (FEMA).
- **5.** CSB investigators will also complete any recommended refresher training in NIMS that FEMA may designate.

Appendix C

CSB Pre-Appointment Medical Examination Program (PMEP)

- 1. **Purpose.** Among the essential functions of the Chemical Incident Investigator position are the field investigation of industrial chemical accidents and the gathering of evidence at chemical accident scenes. By their very nature, these functions can be physically demanding, and their performance may expose Investigators to hazardous environments and substances. To perform their duties safely and effectively in hazardous or potentially hazardous situations, Investigators must be able to wear and operate personal protective equipment (PPE), including respirators. The CSB has established physical requirements for the investigator position to ensure that individuals appointed to such positions can safely and efficiently perform the essential functions of the position. The Pre-Appointment Medical Examination Program serves to evaluate individuals who have been selected to fill investigator positions for medical conditions, which could interfere with their ability to use PPE (especially respirators), meet the physical requirements of the position, and/or safely and efficiently perform the essential functions of the position.
- 2. **Physical Requirements.** The physical requirements of the Chemical Incident Investigator positions are contained in the job announcement and position description.
- 3. **Personal Protective Equipment (PPE).** Many of the hazards Investigators may face while conducting field investigations are regulated by established OSHA standards, which require the use of PPE. Although some hazardous situations can be anticipated and avoided or controlled, dangerous conditions can arise suddenly and unexpectedly; therefore, all Investigators must be physically able to properly wear and operate appropriate PPE, including respirators, to protect against such hazards. The proper use of PPE requires an evaluation of the wearer's ability to use the equipment safely, without interference from a medical condition(s) or adverse effects on the wearer's health.
- 4. **Action Based on Medical Examination.** If the results of the pre-appointment medical examination indicate that an individual conditionally selected did not pass, the matter will be addressed by the hiring official and the Director of Human Resources.

5. Medical Examination Parameters.

- a. Vision.
 - (1) Examination Parameter: Distant visual acuity must be at least 20/40 in each eye with or without corrective lenses; distant binocular acuity of at least 20/40 with or without corrective lenses. Near visual acuity must be corrected to at least 20/40 in each eye; near binocular acuity of at least 20/40 with or without corrective lenses. Field of vision at 90 degrees in the horizontal meridian in each eye. Ability to distinguish the colors red, amber, and green.

- (2) <u>Work Activity</u>: Routinely assigned to areas where: the reading of comprehensive literature is necessary; both near and far visual acuity are necessary for hazard recognition; potentially life-threatening environments exist (therefore, accurate reading of the type of personal protective equipment is necessary); color-coded warning signs represent hazardous conditions. Routine use of finely calibrated equipment.
- (3) <u>Rationale</u>: Investigators work in environments where potential safety and health hazards exist or can spontaneously occur. Once these hazards occur, an investigator must be capable of determining what actions are appropriate in order to safeguard the safety and health of him/herself and others. These actions will nearly always require both near and far visual acuity; for example, quickly ascertaining the condition of a respirator to use in the case of an emergency egress situation (this may require reading finely calibrated air gauges). While performing routine work, an investigator may encounter situations where full field of vision will be necessary in order to avoid a serious accident. For example, while working on high scaffolding it may be necessary to rapidly descend. Normal field of vision is necessary to perform this activity safely while wearing a full-face respirator.

b. Hearing.

- (1) <u>Examination Parameter</u>: Average hearing loss in the better ear cannot be greater than 40 decibels at 500 Hz, 1,000 Hz, and 2,000 Hz, with or without a hearing aid.
- (2) <u>Work Activity</u>: Investigators are routinely assigned to areas where a broad spectrum of physical hazards exists, including environmental noise levels above 90 decibels.
- (3) <u>Rationale</u>: It is important that an investigator have an established hearing level in order to communicate and give instructions in a noisy environment. During the course of daily activities, it is important for an investigator to hear instructions and communications in order to ensure safety. A greater than 40 decibel loss of speech frequency in the better ear may interfere with an investigator's ability to communicate under noisy conditions.

c. <u>Musculo-Skeletal / Cardiovascular / Respiratory</u>.

- (1) Examination Parameter: Both hands, arms, legs, and feet. No impairment of the use of a leg, a foot, an arm, a hand, the fingers, back, or neck which would interfere with the satisfactory performance of the essential functions of the position. No established medical history or clinical diagnosis of rheumatic, arthritic, orthopedic, muscular, neuromuscular, or vascular disease, which would interfere with the satisfactory performance of the essential functions of the position or the ability to safely use personal protective equipment.
- (2) <u>Work Activity</u>: Investigators are required to perform moderate to strenuous lifting, carrying, walking, and standing. Investigators will routinely be

- required to ascend or descend heights in order to safely egress from a potentially hazardous area. During routine activities, Investigators may be required to carry portable equipment.
- (3) <u>Rationale</u>: It is imperative that no established medical history of cardiac or pulmonary disease exists. It is known that carrying heavy equipment while ascending or descending great heights places an excess burden on the cardiopulmonary system. Therefore, it is imperative that the cardiopulmonary system be without pathology. Because Investigators may be required to wear a negative pressure respirator, it is imperative and in compliance with OSHA standard 1910.134 that a physician medically qualify the individual to wear such a respirator. It is known that pre-existing cardiac or pulmonary disease can prevent an individual from wearing such a respirator.

6. Medical Examination Requirements and Procedures.

- a. General Requirements and Procedures.
 - (1) The pre-appointment medical examination will be conducted by a physician experienced in occupational medicine, preferably one who is a member of the American College of Occupational Medicine. The CSB will contract with a qualified government agency or private firm to provide all pre-appointment medical examinations. Individuals conditionally selected for investigator positions must be examined by the CSB-designated provider. The CSB will pay for all pre-appointment medical examinations ordered by the agency.
 - (2) In addition to the examination by the CSB-designated provider, the conditionally selected individual may submit medical documentation from his/her personal physician or practitioner. The CSB-designated provider will review and consider such documentation in making any decision based upon the results of the medical examination.
 - (3) The CSB-designated provider will be responsible for providing any necessary pre-exam instructions (e.g.: fasting periods, special eating restrictions, etc.) and/or medical forms directly to the individual who is to be examined.
- b. <u>Health History</u>. Review of the candidate's health history must be conducted concerning personal medical history and a work history including occupational exposures to chemical and physical hazards.
 - (1) Any necessary medical forms must be completed by the candidate prior to the examination and submitted to the provider in accordance with its instructions.
 - (2) There will be an examining room discussion between the candidate and the physician regarding medical history.
 - (3) The development of the medical history is to be inclusive of what is commonly termed multi-phasic screening.

c.	Specific Examination Requirements. The physical examination should include, but not be limited to, an examination of the following: head and neck, including visual tests; ears, nose, and throat; respiratory, cardiovascular, and central and peripheral nervous systems; abdomen, rectum, and genitourinary system; spine and other musculoskeletal systems; and skin. Specific tests/measurements to be obtained include:
	(1) Height and weight.
	(2) Temperature, pulse, respiration rate, and blood pressure.
	(3) Eye examination, including:
	(a) Visual acuity, near and far.
	(b) Depth perception.
	(c) Accommodation.
	(d) Field of vision.
	(e) Funduscopic.
	(4) Cardiopulmonary evaluation, including:
	(a) Resting twelve-lead electrocardiogram with interpretation
	(b) A sub-maximal exercise test with a twelve-lead EKG will be required of those individuals found to be in a category of risk greater than 18 per 100 according to the Coronary Risk Handbook published by the American Heart Association
	(c) Pulmonary function evaluation:
	 FVC, FEV1, FEV1/FVC ratio. Permanent record of flow curves must be included in the candidate's report.
	(d) Chest X-ray (PA) 14 x 17 inches as a baseline.
	(5) Comprehensive laboratory profile, including:
	(a) Urinalysis (including microscopic).

(b) Hemoccult.

(c) CBC

- (d) Test chemical groups (done after 12-hour fast):
 - Chloride, bicarbonate.
 - Glucose.
 - Blood urea nitrogen.
 - Creatinine.
 - Uric acid.
 - LDH, SGOT, SGPT, GGTP.
 - Alkaline phosphatase.
 - Bilirubin.
 - Total protein.
 - Albumin and globulin.
 - Cholesterol.
 - Triglycerides.
 - HDL Cholesterol.
 - Potassium.
 - Calcium.
 - Blood lead, if indicated. A blood lead and zinc protoporphyrin should be done when there is a history of lead exposure or when the test is indicated in the physician's judgment.

d. Audiometric Testing.

- (1) An otoscopic examination, otological history, and audiometric test will be administered by an otolaryngologist, audiologist, or certified audiometric technician.
- (2) Audiometric facilities, equipment, calibration procedures, and technician certification will meet the requirements outlined in 29 C.F.R. §1910.95.
- (3) The results of the otoscopic examination, otological history, and audiometric tests will be reviewed by an otolaryngologist, audiologist, or other qualified physician.
- 7. **PPE Evaluation.** The examining physician will evaluate the following results to determine the candidate's ability to use PPE, including a full-face negative pressure air-purifying respirator and protective clothing.
 - a. <u>Personal Medical History</u>: Conditions such as myocardial infarction, angina, severe emphysema, or any significant cardiac or pulmonary condition should be disqualifying.
 - b. <u>Physical Examination</u>: Findings such as severe facial asymmetry, beard, obvious cardiac or pulmonary pathology should be disqualifying.
 - c. <u>Pulmonary Function Test</u>: Evidence of moderate to severe restrictive or obstructive airway pattern should be disqualifying.

- d. <u>Chest X-ray</u>: Evidence of cardiopulmonary pathology should be disqualifying.
- e. <u>Electrocardiogram</u>: Obvious cardiac disease should be disqualifying.

8. Reporting Requirements.

- a. Examining Physician to the Candidate. The examining physician will generate personal medical reports for all candidates examined and mail them to their private residences within 15 working days of the date of the examination. The results will list each test, individually indicating whether a result is normal or abnormal and, if appropriate, a recommendation for referral to the candidate's personal physician will be made. In addition, the personal medical report will contain:
 - (1) The physician's opinion as to whether the candidate has any detected medical condition(s) which would cause the individual to pose a significant risk of substantial harm to himself/herself or would interfere with his/her ability to meet the physical requirements of the position and/or safely and efficiently perform the essential functions of the position.
 - (2) A determination of the candidate's ability to wear a respirator or any other personal protective equipment.
- b. Examining Physician to DASHO. The examining physician will forward to the DASHO, within 15 working days of the date that the candidate is examined, the following:
 - (1) A written opinion as to whether the candidate has any detected medical condition(s) which would cause the individual to pose a significant risk of substantial harm to himself/herself or would interfere with his/her ability to meet the physical requirements of the position and/or safely and efficiently perform the essential functions of the position.
 - (2) A written opinion as to whether the candidate is able to wear a respirator or any other personal protective equipment.
 - (3) A written statement that the candidate has been informed in writing by the physician of the results of the medical examination.

The FOH "Qualification Statements," which are one-page summary documents containing the pass/fail information regarding the results of the examination, will be maintained by the DASHO in a secured location in his/her office, in an appropriate system of records, as explained below.

(4) <u>Medical Documentation</u>. A specific diagnosis or clinical impression must be justified according to established diagnostic criteria and the conclusions and recommendations must not be inconsistent with generally accepted

- professional standards. An acceptable diagnosis must include the following information:
- (5) The history of the medical condition, including references to findings from previous examinations, treatment, and responses to treatment;
- (6) Clinical findings from the medical examination, including findings of physical examination, results of laboratory tests, X-rays, EKG's, and other special evaluations or diagnostic procedures;
- (7) Diagnosis, including the current clinical status;
- (8) Prognosis, including treatment options and an opinion as to whether recovery can be expected and, if so, whether the recovery will be full or partial and an estimate of the time until recovery;
- (9) An explanation of the impact of the medical condition on the examinee's ability to use personal protective equipment, meet the physical requirements of the position, and/or safely and efficiently perform the essential functions of the position. This should include a statement of the basis for any conclusion that restrictions or accommodations are or are not warranted and, where they are warranted, an explanation of their therapeutic or risk avoiding value;
- (10) An explanation of the medical basis for any conclusion which indicates the likelihood that the examinee is or is not expected to suffer sudden or subtle incapacitation by carrying out, with or without reasonable accommodation, the essential functions of the position;
- (11) Narrative explanation of the medical basis for any conclusion that the medical condition has or has not become static or well stabilized and the likelihood that the individual may experience sudden or subtle incapacitation as a result of the medical condition. In this context, "static or well-stabilized medical condition" means a medical condition that is not likely to change as a consequence of the natural progression of the condition, specifically as a result of the normal aging process, or in response to the work environment or the work itself. "Subtle incapacitation" means gradual, initially imperceptible impairment of physical or mental function whether reversible or not which is likely to result in performance or conduct deficiencies. "Sudden incapacitation" means abrupt onset of loss of control of physical or mental function.

9. Medical Records.

a. Upon completion of the medical examination and the required reports to the candidate and the DASHO, the examining physician will forward each candidate's complete medical record to the FOH records storage area, where the records will be kept in accordance with controlling federal recordkeeping requirements, as further explained below. The package will include:

- (1) Completed medical/occupational history forms.
- (2) Completed physical examination forms.
- (3) All laboratory test results.
- (4) Chest X-ray (radiograph and interpretation).
- (5) Pulmonary function test results.
- (6) Audiometric test results.
- b. The records generated by the pre-appointment medical examination program will be maintained in accordance with Office of Personnel Management regulations at 5 C.F.R. §339.305 and 5 C.F.R., Part 293, Subpart E, "Employee Medical File System Records." The records will be maintained in a secure location by FOH, with appropriate oversight by the DASHO. Disposition instructions for these records are provided by 5 C.F.R., Part 293, Subpart E and National Archives and Records Administration General Record Schedule 1, item 21.
- c. The records generated by the pre-appointment medical examination program are covered by the Privacy Act, under the government-wide system of records, "Employee Medical File System Records" (OPM/GOVT-10). The records will be maintained and handled in strict accordance with the requirements of the Privacy Act and OPM/GOVT-10.

Appendix D

CSB Medical Surveillance Program (MSP)

- 1. Purpose. Among the essential functions of the Chemical Incident Investigator position are the field investigation of industrial chemical accidents and the gathering of evidence at chemical accident scenes. These functions can be physically demanding. Additionally, performance of such duties may expose Investigators to hazardous environments and substances. To perform their duties safely and effectively in hazardous or potentially hazardous situations, Investigators must be able to wear and operate PPE, including respirators. The CSB PMEP, the analog to the MSP, was necessitated by the physical requirements of the investigator position, in order to ensure that individuals appointed to such positions can successfully, safely, and efficiently perform the essential functions of the position. However, continued medical surveillance of Investigators is also required in order to ensure that the Investigators continue to meet the standards established by the PMEP program. Therefore, the CSB herein adopts a MSP, by which the CSB will regularly monitor its Investigators, on an annual basis, in order to evaluate these employees and to ensure that they have not developed medical or other conditions which could interfere with their ability to use PPE (especially respirators), that they continue to meet the physical requirements of their positions, and that they remain able to safely and efficiently perform the essential functions of the positions, without hazard to themselves or others.
- **2. Physical Requirements.** The physical requirements of the Chemical Incident Investigator positions are contained in their personnel records and include their position description.
- **3. PPE.** Many of the hazards Investigators may face while conducting field investigations are regulated by established OSHA standards, which require the use of PPE. Although some hazardous situations can be anticipated and avoided or controlled, dangerous conditions can arise suddenly and unexpectedly; therefore, all Investigators must continue to be physically able to properly wear and operate appropriate PPE, including respirators, to protect against such hazards. The proper use of PPE requires an evaluation of the wearer's continued ability to use the equipment safely, without interference from a medical condition(s) or adverse effects on the wearer's health.
- **4. Action Based on Medical Examination.** If the results of a medical examination conducted pursuant to the CSB's MSP indicate that an investigator received anything other than "pass," (e.g., fail, deferred, any kind of conditional pass, or any other associated language, etc.) the matter will be addressed by the supervisor and the Director of Human Resources.
- **5.** If an investigator is unable to use PPE, meet one or more of the position's physical requirements, and/or safely and efficiently perform the essential functions of the position without hazard to themselves or others, that individual is disqualified from further service as a CSB investigator unless a waiver or reasonable accommodation is granted, in accordance with applicable law and regulation, and consistent with the CSB's reasonable accommodation policy, by action of the Director of Human Resources in consultation

with the DASHO. The Director of Human Resources and the DASHO will consult with FOH providers and staff, appropriate agency management officials, and agency counsel, on an as-needed basis, to meet these and any other responsibilities arising with respect to specific medical qualifications questions.

6. Medical Examination Parameters.

a. Vision.

- (1) Examination Parameter: Distant visual acuity must be at least 20/40 in each eye with or without corrective lenses; distant binocular acuity of at least 20/40 with or without corrective lenses. Near visual acuity must be corrected to at least 20/40 in each eye; near binocular acuity of at least 20/40 with or without corrective lenses. Field of vision at 90 degrees in the horizontal meridian in each eye. Ability to distinguish the colors red, amber, and green.
- (2) <u>Work Activity</u>: Routinely assigned to areas where: the reading of comprehensive literature is necessary; both near and far visual acuity are necessary for hazard recognition; potentially life-threatening environments exist (therefore, accurate reading of the type of personal protective equipment is necessary); color-coded warning signs represent hazardous conditions. Routine use of finely calibrated equipment.
- (3) Rationale: Investigators work in environments where potential safety and health hazards exist or can spontaneously occur. Once these hazards occur, an investigator must be capable of determining what actions are appropriate in order to safeguard the safety and health of him/herself and others. These actions will nearly always require both near and far visual acuity; for example, quickly ascertaining the condition of a respirator to use in the case of an emergency egress situation (this may require reading finely calibrated air gauges). While performing routine work, an investigator may encounter situations where full field of vision will be necessary in order to avoid a serious accident. For example, while working on high scaffolding it may be necessary to rapidly descend. Normal field of vision is necessary to perform this activity safely while wearing a full-face respirator.

b. Hearing.

- (1) Examination Parameter: Average hearing loss in the better ear cannot be greater than 40 decibels at 500 Hz, 1,000 Hz, and 2,000 Hz, with or without a hearing aid.
- (2) Work Activity: Investigators are routinely assigned to areas where a broad spectrum of physical hazards exists, including environmental noise levels above 90 decibels.
- (3)<u>Rationale</u>: It is important that an investigator have an established hearing level in order to communicate and give instructions in a noisy environment.

During the course of daily activities, it is important for an investigator to hear instructions and communications in order to ensure safety. A greater than 40 decibel loss of speech frequency in the better ear may interfere with an investigator's ability to communicate under noisy conditions.

c. Musculo-Skeletal / Cardiovascular / Respiratory.

- (1) Examination Parameter: Both hands, arms, legs, and feet. No impairment of the use of a leg, a foot, an arm, a hand, the fingers, back, or neck which would interfere with the satisfactory performance of the essential functions of the position. No established medical history or clinical diagnosis of rheumatic, arthritic, orthopedic, muscular, neuromuscular, or vascular disease, which would interfere with the satisfactory performance of the essential functions of the position or the ability to safely use personal protective equipment.
- (2) Work Activity: Investigators are required to perform moderate to strenuous lifting, carrying, walking, and standing. Investigators will routinely be required to ascend or descend heights in order to safely egress from a potentially hazardous area. During routine activities, Investigators may be required to carry portable equipment.
- (3) <u>Rationale</u>: It is imperative that no established medical history of cardiac or pulmonary disease exists. It is known that carrying heavy equipment while ascending or descending great heights places an excess burden on the cardiopulmonary system. Therefore, it is imperative that the cardiopulmonary system be without pathology. Because Investigators may be required to wear a negative pressure respirator, it is imperative and in compliance with OSHA standard 1910.134 that a physician medically qualify the individual to wear such a respirator. It is known that pre-existing cardiac or pulmonary disease can prevent an individual from wearing such a respirator.

10. Medical Examination Requirements and Procedures.

a. General Requirements and Procedures.

- (1) The MSP examinations will be conducted by a physician experienced in occupational medicine, preferably one who is a member of the American College of Occupational Medicine. The CSB will contract with a qualified government agency or private firm to provide all MSP examinations. The CSB will pay for all MSP examinations, whether they are regularly scheduled, requested, offered, or ordered by the agency, pursuant to the requirements of federal law.
- (2) In addition to any examination(s) by CSB-designated provider(s), the employee may submit medical documentation from his/her personal physician or practitioner. The CSB-designated provider will review and consider such documentation in making any decision based upon the results of the medical examination.

- (3) The CSB-designated provider will be responsible for providing any necessary pre-exam instructions (e.g.: fasting periods, special eating restrictions, etc.) and/or medical forms directly to the employee who is to be examined.
- (4) The DASHO may designate a CSB employee, by name or by position, to oversee the efficient coordination and accomplishment of MSP examinations established by this program. Regardless of any express designation in this regard, however, the DASHO retains full responsibility for the fulfilling the mandates of program.
- b. <u>Health History</u>. The employee's health history must be updated and reviewed in regard to personal medical history, as well as a work history including occupational exposures to chemical and physical hazards since the employee's PMEP examination or last MSP examination.
 - (1) Any necessary medical forms must be completed by the employee prior to the examination and submitted to the provider in accordance with its instructions.
 - (2) There will be an examining room discussion between the employee and the physician regarding any changes in medical condition or medical history since the employee's last CSB-sponsored examination.
 - (3) The development of the medical history is to be inclusive of what is commonly termed multi-phasic screening.
- c. <u>Specific Examination Requirements</u>. The physical examination should include, but not be limited to, an examination of the following: head and neck, including visual tests; ears, nose, and throat; respiratory, cardiovascular, and central and peripheral nervous systems; abdomen, rectum, and genitourinary system; spine and other musculoskeletal systems; and skin. Specific tests/measurements to be obtained include:
 - (1) Height and weight.
 - (2) Temperature, pulse, respiration rate, and blood pressure.
 - (3) Eye examination, including:
 - (a) Visual acuity, near and far.
 - (b) Depth perception.
 - (c) Accommodation.
 - (d) Field of vision.
 - (e) Funduscopic.

- (4) Cardiopulmonary evaluation, including:
 - (a) Resting twelve-lead electrocardiogram (EKG) with interpretation conducted every five years for investigators aged 35 to 50 years; and every two years for investigators over 50 years of age. Investigators younger than 50 years of age will have and EKG conducted every two years if they have two or more risk factors for heart disease.
 - (b) A sub-maximal exercise test with a twelve-lead EKG will be required of those individuals found to be in a category of risk greater than 18 per 100 according to the Coronary Risk Handbook published by the American Heart Association
 - (c) Pulmonary function evaluation:
 - FVC, FEV1, FEV1/FVC ratio.
 - Permanent record of flow curves must be included in the candidate's report.
 - (d) Chest X-ray (PA) 14 x 17 inches as a baseline.
- (5) Comprehensive laboratory profile, including:
 - (a) Urinalysis (including microscopic).
 - (b) Hemoccult.
 - (c) CBC
 - (d) Test chemical groups (done after 12-hour fast):
 - Chloride, bicarbonate.
 - Glucose.
 - Blood urea nitrogen.
 - Creatinine.
 - Uric acid.
 - LDH, SGOT, SGPT, GGTP.
 - Alkaline phosphates.
 - Bilirubin.
 - Total protein.
 - Albumin and globulin.
 - Cholesterol.
 - Triglycerides.
 - HDL Cholesterol.
 - Potassium.
 - Calcium.
 - Blood lead, if indicated. A blood lead and zinc protoporphyrin should

be done when there is a history of lead exposure, or when the test is otherwise indicated in the physician's judgment.

d. Audiometric Testing.

- (1) An otoscopic examination, otological history, and audiometric test will be administered by an otolaryngologist, audiologist, or certified audiometric technician.
- (2) Audiometric facilities, equipment, calibration procedures, and technician certification will meet the requirements outlined in 29 C.F.R. §1910.95.
- (3) The results of the otoscopic examination, otological history, and audiometric tests will be reviewed by an otolaryngologist, audiologist, or other qualified physician.
- 11. **PPE Evaluation.** The examining physician will evaluate the following results to determine the employee's continued ability to use PPE, including a full-face negative pressure air-purifying respirator and all protective clothing and equipment.
 - a. <u>Personal Medical History</u>: Conditions such as myocardial infarction, angina, severe emphysema, or any significant cardiac or pulmonary condition should be disqualifying.
 - b. <u>Physical Examination</u>: Findings such as severe facial asymmetry, beard, obvious cardiac or pulmonary pathology should be disqualifying.
 - c. <u>Pulmonary Function Test</u>: Evidence of moderate to severe restrictive or obstructive airway pattern should be disqualifying.
 - d. Chest X-ray: Evidence of cardiopulmonary pathology should be disqualifying.
 - e. Electrocardiogram: Obvious cardiac disease should be disqualifying.

12. Reporting Requirements.

- a. Examining Physician to the Employee. The examining physician will generate personal medical reports for all employees examined and mail them to their private residences within 15 working days of the date of the examination. The results will list each test, individually indicating whether a result is normal or abnormal and, if appropriate, a recommendation for referral to the employee's personal physician will be made. In addition, the personal medical report will contain:
 - (1) The physician's opinion as to whether the employee has any detected medical condition(s) which would cause the individual to pose a significant risk of substantial harm to himself/herself or would interfere with his/her ability to meet the physical requirements of the position and/or safely and efficiently perform the

essential functions of the position.

- (2) A determination of the candidate's ability to wear a respirator or any other personal protective equipment.
- b. Examining Physician to DASHO. The examining physician will forward to the DASHO, within 15 working days of the date that the employee is examined, the following:
 - (1) A written opinion as to whether the employee has any detected medical condition(s) which would cause the individual to pose a significant risk of substantial harm to himself/herself or would interfere with his/her ability to meet the physical requirements of the position and/or safely and efficiently perform the essential functions of the position.
 - (2) A written opinion as to whether the employee is able to wear a respirator or any other personal protective equipment.
 - (3) A written statement that the employee has been informed in writing by the physician of the results of the medical examination.

The FOH "Qualification Statements," which are one-page summary documents containing the pass/fail information regarding the results of the examination, will be maintained by the DASHO in a secured location in his/her office, in an appropriate system of records, as explained below.

- c. <u>Medical Documentation</u>. A specific diagnosis or clinical impression must be justified according to established diagnostic criteria and the conclusions and recommendations must not be inconsistent with generally accepted professional standards. An acceptable diagnosis must include the following information:
 - (1) The history of the medical condition, including references to findings from previous examinations, treatment, and responses to treatment;
 - (2) Clinical findings from the medical examination, including findings of physical examination, results of laboratory tests, X-rays, EKG's, and other special evaluations or diagnostic procedures;
 - (3) Diagnosis, including the current clinical status;
 - (4) Prognosis, including treatment options and an opinion as to whether recovery can be expected and, if so, whether the recovery will be full or partial and an estimate of the time until recovery;
 - (5) An explanation of the impact of the medical condition on the employee's continued ability to use personal protective equipment, meet the physical requirements of the position, and/or safely and efficiently perform the essential functions of the position without hazard to themselves or others.

- This should include a statement of the basis for any conclusion that restrictions or accommodations are or are not warranted and, where they are warranted, an explanation of their therapeutic or risk avoiding value;
- (6) An explanation of the medical basis for any conclusion which indicates the likelihood that the employee is or is not expected to suffer sudden or subtle incapacitation by carrying out, with or without reasonable accommodation, the essential functions of the position;
- (7) Narrative explanation of the medical basis for any conclusion that the medical condition has or has not become static or well stabilized and the likelihood that the individual may experience sudden or subtle incapacitation as a result of the medical condition. In this context, "static or well-stabilized medical condition" means a medical condition that is not likely to change as a consequence of the natural progression of the condition, specifically as a result of the normal aging process, or in response to the work environment or the work itself. "Subtle incapacitation" means gradual, initially imperceptible impairment of physical or mental function whether reversible or not which is likely to result in performance or conduct deficiencies. "Sudden incapacitation" means abrupt onset of loss of control of physical or mental function."

13. Medical Records.

- a. Upon completion of the medical examination and the required summary reports to the employees and the DASHO, the examining physician will forward each employees' complete medical record to the FOH records storage area, where the records will be kept in accordance with controlling federal recordkeeping requirements, as further explained below. The package will include:
 - (1) Completed medical/occupational history forms.
 - (2) Completed physical examination forms.
 - (3) All laboratory test results.
 - (4) Chest X-ray (radiograph and interpretation).
 - (5) Pulmonary function test results.
 - (6) Audiometric test results.
- b. The records generated by the MSP examination program will be maintained in accordance with Office of Personnel Management regulations at 5 C.F.R. §339.305 and 5 C.F.R., Part 293, Subpart E, "Employee Medical File System Records." The records will be maintained in a secure location by and under the supervision of FOH, with appropriate oversight by the DASHO. Disposition

instructions for these records are provided by 5 C.F.R., Part 293, Subpart E and National Archives and Records Administration General Record Schedule 1, item 21.

c. The records generated by the MSP examination program are covered by the Privacy Act, under the government-wide system of records, "Employee Medical File System Records" (OPM/GOVT-10). The records will be maintained and handled in strict accordance with the requirements of the Privacy Act and OPM/GOVT-10.

Appendix E

CSB Respiratory Protection Program (RPP).

1. Program Elements.

The CSB RPP will cover the following basic elements, as applicable:

- a. The designation of the DASHO or other CSB employee to serve as a program administrator for the RPP;
- b. Procedures for selecting respirators for use in the workplace;
- c. Pre-employment and recurring medical evaluations of Investigators required to be fit tested and to use respirators (addressed separately in Appendices C and D, respectively);
- d. Fit testing procedures for negative pressure respirators;
- e. Use of respirators in routine and reasonably foreseeable emergency escape situations:
- f. Procedures and schedules for cleaning, disinfecting, storing, inspecting, repairing, and otherwise maintaining respirators;
- g. Procedures to ensure adequate air quality, quantity and flow of breathing air for self-contained breathing apparatus (SCBA) and Air-Line Breathing Apparatus. (Reserved; Currently Generally Prohibited);
- h. Training Investigators with regard to the respiratory hazards to which they might be exposed;
- i. Training Investigators in the proper use of respirators, including putting on and removing them, any limitations on their use, and maintenance procedures; and
- j. Procedures for regularly evaluating the effectiveness of the program and for updating the program on a recurring basis, based on changes in workplace conditions, types of respirators in use, number of users, and other relevant factors.

2. Program Administrator.

The DASHO or his/her designee, appointed in writing, will be the program administrator of the CSB's RPP. The program administrator will be qualified for this position by appropriate training and/or experience, commensurate with the complexity of the program he/she must administer. The program administrator will administer the entire RPP, including drafting and implementing all relevant policies and procedures, as well as instituting training, recordkeeping, and other required matters, under the direction and control of the DASHO. The DASHO maintains final authority over the RPP, pursuant to the Board's delegation to the DASHO over occupational safety and health matters. SHOs will implement the RPP in regional offices.

3. Respirator Selection Procedures.

Respirator selection requires correctly matching the respirator with the hazard, the degree of hazard, and the user. The respirator selected must be adequate to effectively reduce exposure of the respirator user under all conditions of use,

including reasonably foreseeable emergency escape situations. Proper respirator selection involves choosing a device that will protect the Investigator from the respiratory hazards to which he or she may be exposed, yet permits the Investigator to perform the job with the least amount of physical burden.

4. General Requirements.

Many factors will be carefully considered in selecting a respirator. In choosing the appropriate respirator, Investigators must consider the nature and extent of the hazard, work requirements and conditions, and the characteristics and limitations of the available respirators. The following information will be taken into account:

- a. Nature of the hazard, and the physical and chemical properties of the air contaminant:
- b. Concentrations of contaminants;
- c. Relevant permissible exposure limit or other occupational exposure limit;
- d. Nature of the work operation or process;
- e. Length of time the respirator is worn;
- f. Work activities and physical/psychological stress;
- g. Fit testing;
- h. Physical characteristics, functional capabilities, and limitations of respirators; and
- i. Guarantee of NIOSH or other appropriate certification for all chosen respirators.

The CSB will assign its Investigators both a full-face respirator and a half-face respirator, with a variety of filters (canisters or cartridges) for a variety of atmospheres and/or contaminants that would likely be confronted during investigations. Provision will be made to acquire other appropriate filters when needed during any given investigation. CSB Investigators will be able to choose from a selection of respirators in order to find the best possible fit for each person, including respirators manufactured by reputable companies. However, prior to use, all respirators selected for use by CSB personnel must be certified by NIOSH, and they must be adequate to protect the health of the employee and ensure compliance with all OSHA and other statutory requirements. Thereafter, all respirators must be used in accordance with the terms of that certification, which appears on the NIOSH certification label. For those who wear prescription eyeglasses, respirator spectacle kits will be provided in accordance with the provisions outlined in **Appendix M**.

Filters, cartridges and canisters will also be chosen to meet anticipated hazards. They will be appropriately labeled and color-coded. It is prohibited to alter, deface or remove any labeling or color-coding. Replacement respirators, cartridges, canisters, and filters will be made available as required. All filters, cartridges, and canisters must be labeled with the appropriate NIOSH approval label. The label must not be removed or defaced while the respirator is in use.

5. Non-IDLH Atmospheres.

For protection against gases and vapors in atmospheres that are non-IDLH, an air-purifying respirator may be used. When an air-purifying respirator is selected, a

system must be in effect that will reliably protect respirator wearers from contaminant breakthrough. These systems are:

- a. A respirator equipped with a NIOSH-approved end-of-service life indicator (ESLI) for the particular contaminant; or
- b. If there is no ESLI appropriate for the conditions encountered at a worksite, Investigators will follow a sorbent change schedule for canisters and cartridges based on reliable information or data ensuring that canisters and cartridges are changed before the end of their service life.

In many cases, Investigators may need to don respirators before recognizing all of the conditions of the work area or having access to the information needed to develop a good change-out schedule. Investigators will carry to each jobsite extra cartridges or canisters and will err on the side of caution. Investigators should obtain as much information on the chemical hazards in the workplace as possible, and they should consider the employer's change-out schedule, if one is available, since it will have been created with that site in mind. If the gases and/or vapors have sensory warning properties such as odor, taste, and/or irritation effects, and the Investigator detects "breakthrough," the Investigator must leave the respirator use area immediately and the cartridge or canister must be replaced before the Investigator returns to the work area.

Some gaseous contaminants will migrate across the adsorbent or absorbent bed while the respirator is not in use, such as overnight. This migration can subject the user to an initial dose of the contaminant when the respirator is again placed in service. Therefore, as a minimum, gas vapor cartridges and canisters should be disposed of after each day's activities no matter how short those activities were.

Experience and professional judgment should be used along with existing information and data to establish cartridge or canister change schedules. If further information is needed in establishing a change-out schedule, the program administrator can consult the OSHA website or the manufacturer's website if one exists.

For protection against particulate contaminants in atmospheres that are non-IDLH, an Investigator will use an air-purifying respirator equipped with filters certified for particulates by NIOSH under 42 C.F.R., Part 84. Filter cartridges should be replaced when the breathing resistance becomes great enough to cause discomfort to the wearer (overloaded) or when the cartridge suffers physical damage compromising its integrity.

6. Use of SCBAs or Air-Line Breathing Apparatus.

The use of SCBAs (Self-Contained Breathing Apparatus) or Air-Line Breathing Apparatus by CSB Investigators is generally <u>prohibited</u>. If their use is authorized by the Chairperson, Executive Director and the DASHO, all employees using this equipment will receive additional training prior to use.

7. Entry into IDLH Atmospheres and Other Prohibitions.

- a. Investigators are generally not allowed to enter <u>known</u> IDLH atmospheres for any purpose.
- b. Investigators are also generally not allowed into oxygen deficient atmospheres, or into atmospheres/situations where a canister or cartridge can become saturated or otherwise fail suddenly.
- c. Investigators are not allowed into atmospheres in which the assigned respirator does not meet the requirements for the substance specific standards or other OSHA standards present in a given situation.
- d. IICs must not allow Investigators to enter into confined spaces while wearing respirators unless the IICs have determined that no special procedures are needed for safe entry and investigative activity, including continuous atmospheric monitoring and the provision for escape. (See also Appendix H.)

8. Emergency Escape from IDLH Atmospheres.

Escape-only respirators, as opposed to traditional SCBAs, are authorized for use by CSB Investigators and must be carried by all Investigators when there is a potential for exposure to IDLH atmospheres. This type of situation may exist in portions of refineries, chemical plants, sewage treatment plants, and hazardous waste sites, etc.

The CSB will provide several escape-only respirators/escape packs and will make them available to field investigation teams on an as needed basis. All escape-only respirators have limitations and these limitations must be taken into account when selecting them. Additionally, all limitations on use will be explained during any required training.

Respirators that are to be used exclusively for escape from IDLH atmospheres will be selected from those certified by NIOSH for escape from the atmosphere in which they will be used. If the toxic materials in question can cause eye irritation, then a full facepiece or hood, chemical goggles, or other combinations of appropriate PPE must be used. For example, under current 29 C.F.R. §1910.1050, the standard governing exposure to methylenedianiline (MDA), escape respirators may be any full facepiece air-purifying respirator equipped with high-efficiency particulate air (HEPA) cartridges or any positive pressure or continuous flow self-contained breathing apparatus with full facepiece or hood. For formaldehyde exposure, escape respirators may be a full facepiece with chin style, front, or a back-mounted industrial canister approved against formaldehyde (29 C.F.R. §1910.1048). If such an escape pack is selected for a potential IDLH atmosphere, the Investigator must assess the egress route to ensure that the emergency egress time does not exceed the capacity of the escape pack.

9. Medical Evaluation.

Investigators assigned to tasks that require the use of a respirator must be physically able to perform the work while using a respirator. Accordingly, Investigators must be able to tolerate the physical and psychological stress imposed by respirator use, as well as the physical stress originating from job and workplace conditions, including: the burden imposed by the respirator itself; limitations on hearing, sight, or smell; and

isolation from the workplace environment. Since certain jobs and workplace conditions in which a respirator is used can also impose a physiological burden on the user, the medical evaluation will also consider the following factors: type and weight of the respirator to be worn; duration and frequency of respirator use; expected physical work effort; use of protective clothing and equipment to be worn; and temperature and humidity extremes that may be encountered.

The CSB's Pre-employment Medical Examination Program (PMEP) and the CSB's Medical Surveillance Program (MSP), found at Appendix C and D, respectively, set forth the particulars of all initial and ongoing medical evaluations and eligibility determinations needed for Investigator personnel. Accordingly, Investigators will be medically evaluated and found eligible to wear the respirator selected for their use prior to fit testing, (covered below), and first-time use of the respirator in the workplace. Thereafter, they will continue to be monitored throughout their tenure at the CSB. Prior to deployments, IICs will be briefed by the DASHO regarding any Investigators who have a medical history that could interfere with their ability to use a respirator safely and effectively. If necessary, as determined by the DASHO, IICs will be permitted to have access to a copy of the written medical opinion for each Investigator who will wear a respirator.

10. Reevaluation of Investigator's Ability to Use a Respirator.

In addition to the annual MSP examination, there are a number of circumstances that may require reevaluating an Investigator's ability to use a respirator. Medical reevaluations will be provided under the following conditions: when the Investigator reports medical signs or symptoms that are relevant to the Investigator's ability to use a respirator; when CSB management informs the examining physician that a Investigator needs to be reevaluated; or when information from the respirator program, including observations made during fit testing or program evaluation, indicates a need for Investigator reevaluation.

11. Fit Testing.

Fit testing is separate and distinct from PMEP or MSP examinations. Federal Occupational Health (FOH), or other qualified contractors, administer fit testing on behalf of the CSB, via contract, in accordance with the requirements of 29 C.F.R. §1910.134, the intended use of the respirators purchased, and the CSB's RPP. Fit testing is intended to identify the specific make, model, style, and size of respirator best suited for each Investigator. In addition, fit testing also reinforces respirator training by having wearers review the proper methods of donning and wearing the respirator. As noted above, Investigators must be medically evaluated and found eligible to wear the respirator selected for their use prior to fit testing, and prior to deployment on an investigation where respirators are required.

a. Requirements: Fit testing is required for all negative or positive pressure tight-fitting facepiece respirators. The OSHA respiratory protection standard requires that fit testing be performed before an employee first starts wearing a respirator in the work environment, whenever a different respirator facepiece is used, and

at least annually thereafter. Thereafter, the respirator with which the Investigator is fit tested will be the only respirator the Investigator will be permitted to use. Under no circumstances will Investigators be allowed to wear respirators for which they have not been appropriately fit tested

- b. Demonstrating and Selecting a Respirator Model: Prior to the actual fit test, the Investigator must be shown how to put on the respirator, position it on the face, set strap tension, and determine an acceptable fit. Next, the Investigator will be allowed to choose a respirator from a sufficient number of models and sizes so that the Investigator can find an acceptable and correctly fitting respirator. Once an acceptable respirator has been found -- which takes into account the position of the mask on the face, nose, and cheeks; room for eye protection; and room to talk -- a user seal check will be conducted.
- c. Protocols: Fit testing will be either **qualitative** (QLFT) or **quantitative** (QNFT), as required.
- d. Protocol Descriptions: QLFT and QNFT protocols are described in mandatory Appendix A to OSHA standard 1910.134 and will be followed in the CSB Programs whenever negative-pressure respirators are provided for use by Investigators. QLFT may only be used to fit test negative-pressure air-purifying respirators that must achieve a fit factor of 100 or less.
- e. Preliminary Steps: Prior to the commencement of the fit test, the Investigator will be given a description of the fit test and a description of the exercises that he or she will be performing during fit testing. The respirator to be tested will be worn for at least five minutes before the start of the fit test. The Investigator must be fit tested with the same make, model, style, and size of respirator that will be used. Investigators assigned more than one respirator will be fit tested for each respirator assigned.
- f. Changing Respirator Model Selection, Retesting: If the Investigator finds the fit of the respirator to be unacceptable, he or she will be given a reasonable opportunity to select a different respirator and to be retested. In addition, retesting is required whenever there are changes in an Investigator's physical condition that could affect respirators fit. Such conditions include, but are not limited to, facial scarring, dental changes (e.g., wearing new dentures), cosmetic surgery, or an obvious change in body weight.

g. Record of Fit Test:

- (1) A record of each fit test will be maintained to document that annual fit testing has been done, and to document that tested employees passed either the QLFT or the QNFT with a fit factor that was appropriate for the type of respirator being used.
- (2) The fit test record will consist of:
 - (a) Name of the person tested;
 - (b) Type of fit test performed (QLFT, QNFT irritant smoke, saccharin,

etc.);

- (c) Make, model, and size of the respirator fitted;
- (d) Date of the fit test;
- (e) Pass/fail results if a QLFT is used; and
- (f) Fit factor and strip chart recording or other record of the test results if quantitative fit testing was performed.

12. Respirator Use.

Respirators must be used properly during investigations. Investigators must use their respirators under conditions specified by the RPP and in accordance with the training they receive. In addition, the respirator must only be used in a manner for which it is certified by NIOSH or by its manufacturer. The following conditions compromise the effective use of the respirator and jeopardize worker protection: facepiece seal leakage; removing the respirator while in hazardous atmospheres; not properly performing user seal checks; or not properly repairing defective parts.

13. Facepiece Seal Protection.

All Investigators will conduct a user seal check (formerly known as a fit check) every time a negative-pressure respirator is put on or adjusted to ensure that the respirator is seated properly on the face with no noticeable leaks. The user seal check procedure conducted must be either the positive and/or negative pressure checks described in Appendix B-1 of the OSHA standard 1910.134, or the manufacturer's recommended procedures (when equally protective). If leaks are present, the Investigator will adjust the respirator and try again.

Respirators with negative-pressure facepieces may not be worn by Investigators who have conditions that would compromise the facepiece-to-face seal. Examples of these conditions include facial hair (e.g., beard stubble, sideburns, or beard) that interferes with the facepiece seal or valve function, absence of normally worn dentures, facial deformities (e.g., scars, deep skin creases, prominent cheekbones), or the use of jewelry or headgear that projects under the facepiece seal.

Corrective glasses, safety goggles, protective safety glasses (as described in Appendices J and M), or any other personal protective equipment, must be worn in such a way that does not interfere with the seal of the facepiece to the face. It should be noted that in some cases a full-facepiece respirator or powered air-purifying respirator (PAPR) may be more comfortable and less cumbersome than the combination of a half-mask and chemical goggles. Contact lens wearers may wear contact lenses with full face respirators.

14. Skin or Eye Irritation.

Skin or eye irritation can result from wearing a respirator in hot, humid conditions as well as in contaminated environments. Such irritation can cause considerable distress to Investigators, causing them to remove or adjust the respirator or to refrain from wearing the respirator at all, thereby rendering it ineffective. To prevent skin or eye

irritation associated with respirator use, Investigators will leave the respirator use area to wash their faces and respirator facepieces as needed.

15. Vapor or Gas Breakthrough.

Whenever the Investigator can detect vapor or gas breakthrough (by odor, taste, and/or irritation effects) or a change in breathing resistance or leakage of the facepiece, the Investigator must leave the respirator use area immediately to replace the respirator or the filter, cartridge, or canister elements. Similarly, Investigators must leave the respirator use area if they are replacing cartridge or canister elements according to a change schedule, or when the end-of-service-life indicator shows that the canister or cartridge(s) must be changed.

16. Impairments.

Because respirators must be in good working condition to function, they will not be used if they have been impaired in any way. Impairments include a broken strap, loss of respirator shape, and a face seal that can no longer be maintained. Respirators that are not properly functioning must be repaired or replaced.

17. Investigator Responsibilities for Maintenance and Care.

Investigators must clean and inspect their own respirators in accordance with the provisions of this program. Maintenance involves a thorough visual inspection for cleanliness and defects. Worn or deteriorated parts will be replaced prior to use. No components are to be replaced or repairs made beyond those recommended by the manufacturer. Repairs to regulators or alarms of atmosphere-supplying respirators are to be conducted by the manufacturer or other authorized service provider.

18. Maintenance and Care Program.

To ensure that the respirator remains serviceable and delivers effective protection, a maintenance program will be developed by the DASHO and followed by all respirator users. A proper maintenance program ensures that the Investigator's respirator remains as effective as when it was new. The maintenance program will be tailored to the type of facilities, working conditions, and hazards involved. In addition to the OSHA requirements, the manufacturer's instructions for inspecting, cleaning, and maintaining will be consulted to ensure that the respirator continues to function properly. The CSB maintenance program minimum requirements will include at least the following:

a. Cleaning and Disinfecting: Cleaning and sanitizing respirators is necessary to prevent skin irritation and dermatitis. Where the contaminant is a dust, mist, or fume, its build-up on the respirator face-to- facepiece seal or within the respirator can reduce the protection provided by the respirator because the contaminant is in the breathing zone or has compromised the seal. In addition, the build-up of contamination on the respirator can contribute to the deterioration of the respirator's materials, which can lead to reduced protection.

Respirators that are issued for the exclusive use of an Investigator will be cleaned and disinfected as often as necessary to remain sanitary. Respirators maintained for escape- only use, as well as respirators used in fit testing and training, must be cleaned and disinfected after each use.

The Investigator will use either the cleaning and disinfecting procedures recommended in Appendix B-2 of the OSHA respiratory protection standard 1910.134 or the procedures recommended by the respirator manufacturer, as long as they are equivalent in effectiveness to the OSHA method. Equivalent effectiveness simply means that the procedures used ensure that the respirator is properly cleaned and disinfected in a manner that prevents damage to the respirator and does not cause harm to the user. The program administrator will ensure an adequate supply of the appropriate cleaning and disinfecting agents are maintained at the facility for Investigator use.

b. Storage: All respirators must be stored so that they are protected against damage, contamination, dust, sunlight, extreme temperatures, excessive moisture, and damaging chemicals. Filter cartridges must be stored separately from respirator facepieces. This is to prevent contamination of the interior of the respirator facepiece from hazardous particulate matter (e.g., lead, asbestos, cadmium, silica) that may have accumulated on the filter cartridge.

When respirators are packed or stored, the facepiece and exhalation valve must be stored in a manner that will prevent deformation. Each respirator should be positioned so that it retains its natural configuration. Synthetic materials and even rubber will warp if stored in an unnatural shape, thus affecting the fitting characteristics of the facepiece.

Respirators should also be securely stored in lockers or boxes, in their carrying case/carton, away from harmful matter (dust, sunlight, heat, excessive temperatures or moisture, and damaging chemicals).

- c. Inspection: To ensure the continued reliability of respiratory equipment, they will be inspected on a regular basis. Investigators and the program administrator and/or DASHO will use a standardized inspection checklist, such as OSHA's "Sample Respirator Inspection Record." Any inspection criteria from the manufacturer, NIOSH, or other acceptable source can also be used. The program administrator will maintain a record of all inspections. The record will include the date of the inspection, the name of the inspector, the findings of the inspection, any required remedial action, and a serial number or other means of identifying the inspected respirator or other equipment.
 - (1) All Respirators: For all respirators, inspections will include a check of respirator function, tightness of connections, and the condition of the various parts including, but not limited to, the facepiece, head straps, valves, connecting tube, and cartridges, canisters, or filters. In addition, the elastomeric parts must be evaluated for pliability and signs of deterioration.

- (2) Emergency Escape SCBAs: If acquired by the CSB, emergency use SCBAs will require monthly inspections. The air cylinders must be maintained in a fully charged state and recharged when the pressure falls to 90% of the manufacturer's recommended pressure level. In addition, the regulator must be inspected to ensure that no leaks have occurred. The program administrator will maintain a record of the monthly inspections. The record must include the date of the inspection, the name of the inspector, the findings of the inspection, any required remedial action, and a serial number or other means of identifying the inspected respirator.
- (3) Additional Visual Inspection: The frequency of inspection and the procedures to be followed depend on whether the respirator is intended for **routine use** or **emergency escape**.
 - (a) <u>Routine Use</u>. All respirators used in **routine** situations will be inspected before each use and during cleaning.
 - (b) <u>Escape-Only Use</u>. Respirators used for **escape-only** will be inspected before being carried onto the jobsite.
- d. Repair: Respirators that fail to pass inspection or are otherwise found to be defective must be removed from service, and discarded, repaired, or adjusted. Repairs or adjustments to respirators must be done only by appropriately trained personnel, using only the respirator manufacturer's NIOSH-approved parts designed for that respirator. The repairs also must be made in accordance with the manufacturer's recommendations and specifications regarding the type and extent of repairs to be performed. Because components such as reducing and admission valves, regulators, and alarms are complex and essential to the safe functioning of the respirator, they are required to be adjusted and repaired only by the manufacturer or a technician trained by the manufacturer. When a respirator is taken out of service, the respirator must be tagged "out of service," and the Investigator will be given a replacement of the same make, model and size, or the respirator must be properly returned to service, before that Investigator can use a respirator.

19. Training.

Training is an important part of the RPP and is essential for correct respirator use. All new CSB field personnel will receive training prior to using a respirator. Current Investigators will receive training as soon as possible. For the training to be effective, the training must be comprehensive and presented in an understandable way. The DASHO, SHO, and/or program administrator(s) must attend training by the OSHA Training Institute (OTI) course on respiratory protection, or other equivalent training. The DASHO/SHO, a qualified contractor, or other qualified CSB employee will provide the necessary training to all Investigators who may be assigned to wear respirators.

Additional investigator training may also be provided through completion of an OSHA OTI course in respiratory protection or other training source. As a result of this training, all personnel will be able to understand the operation of the respirator and be able to use it properly.

The respirator training must cover, at a minimum, the following topics:

- a. The general requirements of the OSHA respiratory protection standard;
- b. A discussion of why the use of the respirator is necessary. Such training should address the identification of the potential hazards involved during investigations, the extent of employee exposures to those hazards, and the potential health effects of such exposures;
- c. Proper selection of respirators;
- d. The procedures for inspecting the respirator, donning and removing it, checking the fit and seal, and actually wearing it;
- e. Information regarding the consequences of improper fit, usage, or maintenance;
- f. Limitations and capabilities of the respirator selected, including ESLI and change schedules:
- g. How to use the respirator effectively in emergency situations, including situations when malfunctions occur;
- h. Proper procedures for maintenance and storage; and
- i. How to recognize medical signs and symptoms that may limit or prevent the effective use of respirators (e.g., shortness of breath, dizziness).

20. Annual Retraining and Refresher Training.

Retraining will be done annually, and under some conditions additional retraining might be required. Circumstances which would require retraining include situations where changes in the type of respirator assigned to the employee render previous training obsolete; when the employee has not retained the requisite understanding or skill to use the respirator properly; or any other situation in which retraining appears necessary to ensure safe respirator use. The DASHO or his/her designee is responsible for documenting all respirator training, including initial training, annual training, and refresher training. Such documentation will include the type, model, and size of the respirator assigned to each employee, along with the specific training provided.

21. Program Evaluation.

The program administrator will conduct evaluations of the RPP as necessary to ensure that the provisions of the current written respirator program are being properly implemented for all Investigators required to use respirators. Evaluations must be conducted to ensure the continued effectiveness of the program. Evaluations of the program will determine whether the correct respirators are being used and worn properly and whether the training program is effective.

The program administrator will regularly consult with Investigators wearing

respirators to ascertain the employees' views on program effectiveness and to identify any problems.

This assessment will determine if the respirators are properly fitted. It will also evaluate whether the Investigators are able to wear the respirators without interfering with effective workplace performance; respirators are correctly selected for the hazards encountered; respirators are being worn when necessary; and whether respirators are being maintained properly. The program administrator will correct any problems associated with wearing a respirator that are identified by Investigators in an ongoing fashion, or that are revealed during any other part of the evaluation.

To facilitate the formal RPP evaluation, as a starting point, the program administrator should consult OSHA's sample respirator program evaluation checklist. The program administrator should then also consider any number of factors, including experience gained during the history of the CSB's RPP, and make any needed changes or modifications to the program.

22. Recordkeeping.

Administration of the CSB RPP will generate several types of records. Requirements for managing those records are described in this section.

Administrative records are one category of records that will be generated by the RPP. These records consist of files related to the general administration of the program. Examples of such files include planning documents, memoranda, and correspondence. Records of equipment inspections (but not fit testing) should also be maintained as administrative records. RPP administrative records will be maintained by the program administrator for five years from the date of their creation.

Fit test records are a second category of records that will be generated by the RPP. The Fit Testing section of this program prescribes the information these records must include. Records of individual employee fit testing will be maintained in the same manner as records of the MSP examination (see Appendix D, section 9). The most recent fit test record for each employee covered by the RPP will be maintained by the program administrator until it is superseded by the next year's test record. Fit test records for employees who are no longer covered by the RPP or no longer employed by the CSB will be retained for one year from the date program coverage or employment ended.

The RPP may also generate medical records in addition to those created under the Pre- Employment Medical Examination Program and the Medical Surveillance Program. All medical records created in furtherance of the RPP, such as records of medical reevaluations, will be maintained in the same manner as records of the MSP examination (see Appendix D, section 9). The program administrator will coordinate with the DASHO to ensure that medical records are created and used in accordance with 29 C.F.R. §1910.1020, "Access to Employee Exposure and Medical Records"

and 5 C.F.R., Part 293, Subpart E, "Employee Medical File System Records." This includes establishing and maintaining a confidential storage and retrieval system for individual medical records.

Appendix F

CSB Training Program

Part I - Required Training for all Employees (including Supervised Contractors)

1. OSHA for Federal Employees and the CSB OSH Program

- Completion of OSHA Course 6008, *Introduction to OSHA for Other Federal Agencies*, or equivalent
- Training on the requirements of this Board Order

2. Occupant Emergency Plan

As separately described in a stand-alone program:

- Designate and train a sufficient number of people to assist in the emergency evacuation of employees.
- Review the plan with covered employees: (a) when the plan is developed; (b) whenever the employee's responsibilities change; and (c) whenever the plan is changed.
- Review with employees, upon initial assignment, parts of the plan they must know in the event of an emergency. The written plan must be kept at the workplace and made available to employees.
- Apprise employees of the fire hazards to which they are exposed.

3. Portable Fire Extinguisher (29 C.F.R. §1910.157)

When portable fire extinguishers are provided for employee use, provide an education program on how to use them upon initial employment and annually thereafter.

4. Hazard Communication (29 C.F.R. §1910.1200)

As described separately in Appendix A:

- Train employees about hazardous chemicals in their work area.
- Inform employees of: (a) the requirements of this section; (b) operations where hazardous chemicals are present; and (c) the location of the written hazard communication program and the safety data sheets.
- Employee training must include: (a) methods used in detecting the presence of hazardous chemicals; (b) hazards of chemicals in the workplace; (c) protective measures; and (d) details of the hazard communication program.

5. Vehicle Travel Safety

For employees who drive motor vehicles on agency business:

- The requirements of Section 8.h. of this Board Order
- Applicable Presidential Executive Orders

6. First Aid, CPR, AED, and Bloodborne Pathogens (29 C.F.R. §§1910.151 & 1910.1030)

For office volunteers who participate in the standalone PAD and bloodborne pathogens

programs:

- First aid, CPR and AED training once every two years that meets American Red Cross requirements
- Annual training in bloodborne pathogens
- Periodic drill, practice session, and/or refresher training on proper use of the AED

7. Office Safety and Ergonomics

The DASHO will develop and implement office safety and ergonomics guidance for the CSB.

Part II – Training for Investigators

Subpart A: Required Training for Investigators

1. OSHA for Federal Employees and the CSB OSH Program

- Completion of OSHA Course 6008, *Introduction to OSHA for Other Federal Agencies*, or equivalent
- Training on the requirements of this Board Order, especially the information on Prohibited Entry Areas mentioned in Section 8.o.

2. Occupant Emergency Plans

As separately described in a Standalone program:

- Designate and train a sufficient number of people to assist in the emergency evacuation of employees.
- Review the plan with covered employees: (a) when the plan is developed; (b) whenever the employee's responsibilities change; and (c) whenever the plan is changed.
- Review with employees, upon initial assignment, parts of the plan they must know in the event of an emergency. The written plan must be kept at the workplace and made available to employees.
- Apprise employees of the fire hazards to which they are exposed.

3. First Aid, CPR, AED and Bloodborne Pathogens (29 C.F.R. §§1910.151 and 1910.1030)

As described in the standalone PAD and bloodborne pathogens programs:

- First aid, CPR and AED training once every two years that meets American Red Cross requirements
- Annual training in bloodborne pathogens
- Periodic drill, practice session, and/or refresher training on proper use of the AED

4. Portable Fire Extinguisher (29 C.F.R. §1910.157)

When portable fire extinguishers are provided for employee use, also provide an education program on how to use them upon initial employment and annually thereafter.

5. HAZWOPER (29 C.F.R. §1910.120) and NIMS

- Initial 40-hour HAZWOPER course prior to being assigned any field duties during deployments
- Eight hours of annual HAZWOPER refresher training to maintain competency
- Initial awareness course in the National Incident Management System (NIMS) as recommended by FEMA, such as IS-00700a, or equivalent, prior to deployment.
- Periodic refresher training in NIMS as recommended by FEMA.

6. Vehicle Travel Safety

For investigators who drive motor vehicles on agency business:

- The requirements of Section 8.h. of this Board Order
- Applicable Presidential Executive Orders

7. Hazard Communication (29 C.F.R. §1910.1200)

As described separately in Appendix A:

- Train employees about hazardous chemicals in their work area.
- Inform employees of: (a) the requirements of this section; (b) operations where hazardous chemicals are present; and (c) the location of the written hazard communication program and the safety data sheets.
- Employee training must include: (a) methods used in detecting the presence of hazardous chemicals; (b) hazards of chemicals in the workplace; (c) protective measures; and (d) details of the hazard communication program.

8. Occupational Noise Exposure (29 C.F.R. §1910.95)

- Provide training in the use and care of hearing protectors.
- Institute a training program for all employees exposed to noise at or above an eight- hour time-weighted average (TWA) of 85 decibels (dB), and ensure that every employee participates.
- Repeat the training program annually for employees included in the hearing conservation program.
- Ensure employees are informed of: (a) the effects of noise on hearing; (b) the purpose of hearing protectors, the advantages, disadvantages and attenuation of various types, and instruction on selection, fitting, use and care; and (c) the purpose of audiometric testing and an explanation of the test procedures.

9. Personal Protective Equipment (29 C.F.R. §1910.132)

As described separately in Appendix J:

- Train employees using PPE in the following: when and what PPE is necessary for the workplace; how to put on, remove, adjust and wear the PPE; and the limitations, proper care, maintenance, life expectancy and disposal of the PPE.
- Employees must demonstrate that they understood their training prior to performing work.
- Retrain employees when: changes occur in the workplace or types of PPE; and inadequacies exist in the employee's knowledge of PPE.

10. Respiratory Protection (29 C.F.R. §1910.134)

As described separately in Appendix E:

• The program administrator, qualified by appropriate training or experience,

must be designated to administer the written RPP.

- The CSB must provide training to Investigators, and other employees that may require such training in the future.
- Respirator users must receive fit testing according to the exact type of respirator they will be using.
- Training and information. The Program Administrator must ensure that each employee can demonstrate knowledge of at least the following: (i) the reasons why a respirator is necessary and how improper fit, usage or maintenance can compromise its protective effect; (ii) respirator limitations and capabilities; (iii) how to use a respirator effectively in emergency situations, including situations in which the respirator malfunctions; (iv) how to inspect, put on, remove, use and check respirator seals; (v) procedures for respirator maintenance and storage; (vi) how to recognize medical signs and symptoms that may limit or prevent the effective use of respirators; and (vii) the general requirements of this section.
- The training must be conducted in a manner that is understandable to the employee.
- Training must be provided prior to requiring the employee to use a respirator in the workplace.
- Retraining must be administered annually, and when: (i) changes in the
 workplace or the type of respirator used render previous training obsolete; (ii)
 inadequacies in the employee's knowledge or use of the respirator indicate that
 the requisite understanding or skill has not been retained; or (iii) any other
 situation arises in which retraining appears necessary to ensure safe respirator
 usage.
- The basic advisory information on respirators, can be found in the Appendix to OSHA Standard 29 C.F.R. §1910.134.

11. Heat Stress

Initial and annual refresher training on the following: (a) How the body reacts to heat; (b) The differences between heat rash, heat cramps, heat stress, heat exhaustion and heat stroke; (c) How to recognize the symptoms of these heat-related illnesses; (d) Steps to take to prevent heat stress; and (e) Basic first aid steps that can be helpful when dealing with a fellow employee who is experiencing a heat-related illness.

12. Permit-Required Confined Spaces (29 C.F.R. §§1910.146 & 1926.1200)

As described separately in Appendix H

- Train Investigators for safe performance in this area.
- Training must be given to affected employees: (a) before their first assigned duties; (b) before there is a change in assigned duties; (c) whenever a change in permit space operations causes a hazard that an employee has not previously been trained on; and (d) whenever the DASHO determines there are deviations from the procedures in or inadequacies in employee knowledge.
- Training must establish employee proficiency and introduce new or revised procedures when necessary.

13. Personal Fall Protection Systems (29 C.F.R. §§1910.30 & 1926.503)

- Train employees on using personal fall protection systems before being exposed to a fall.
- Training must include: (a) the nature of fall hazards in the work area and how to

recognize them; (b) procedures to be followed to minimize those hazards; (c) correct procedures for installing, inspecting, operating maintaining and disassembling personal fall protection systems; (d) correct use of personal fall protection systems, including proper hook-up, anchoring and tie-off techniques and methods of equipment inspection and storage; and (e) standards contained in this part.

Retrain, when necessary, such as when changes in the workplace or changes in the
fall protection equipment render previous training inadequate or obsolete; or when
inadequacies in an affected employee's knowledge or use of fall protection
systems or equipment indicate that the employee no longer has the requisite
understanding or skill necessary to use equipment or perform the job safely

14. Asbestos (29 C.F.R. §1910.1001).

- Procedures, limitations and additional rules described in Appendix L.
- Annual asbestos awareness training that addresses the following: (a) health effects
 of asbestos; (b) location of ACM and/or PACM in the building/facility; (c)
 recognition of ACM and PACM damage and deterioration; (d) requirements of 29
 C.F.R. §1910.1001 related to housekeeping; and (e) proper response to fiber
 release episodes.

15. The Control of Hazardous Energy (Lockout/Tagout) (29 C.F.R. §1910.147)

As described separately in Appendix I: Training is provided that is equivalent to that given to "affected employees" as defined in 29 C.F.R. §1910.147: (a) before first assigned duties; (b) before there is a change in assigned duties; (c) whenever a change in lockout/tagout causes a hazard that an employee has not previously been trained on; and (d) whenever the DASHO determines there are deviations from the procedures, or inadequacies in employee knowledge.

Subpart B: Possible Awareness Training for Investigators

1. Air Contaminants

The DASHO will determine what level, if any, training is appropriate in regard to the following contaminants.

Carcinogens (29 C.F.R. §1910.1003 - 29 C.F.R. §1910.1016)

Vinyl Chloride (29 C.F.R. §1910.1017)

Inorganic Arsenic (29 C.F.R. §1910.1018)

Cadmium (29 C.F.R. §1910.1027)

Benzene (29 C.F.R. §1910.1028)

Coke Oven Emissions (29 C.F.R.§1910.1)

Cotton Dust (29 C.F.R. §1910.1043)

1,2-Dibromo-3-Chloropropane (DBCP) (29 C.F.R. §1910.1044)

Acrylonitrile (29 C.F.R. §1910.1045)

Ethylene Oxide (29 C.F.R. §1910.1047)

Formaldehyde (29 C.F.R. §1910.1048)

Methylenedianiline (29 C.F.R. §1910.1050)

1,3-Butadiene (29 C.F.R. §1910.1051)

Methylene Chloride (29 C.F.R. §1910.1052)

Lead (29 C.F.R. §1910.1025)

2. Electrical Safety-Related Work Practices (29 C.F.R. §1910.332)

The DASHO will determine what level, if any, training is appropriate in this area.

3. Explosives and Blasting Agents (29 C.F.R. §1910.109)

The DASHO will determine what level, if any, training is appropriate in this area.

4. Storage and Handling of Liquefied Petroleum Gases (29 C.F.R. §1910.110)

The DASHO will determine what level, if any, training is appropriate in this area.

5. Storage and Handling of Anhydrous Ammonia (29 C.F.R. §1910.111)

The DASHO will determine what level, if any, training is appropriate in this area.

6. Accident Prevention Signs and Tags (29 C.F.R. §1910.145)

The DASHO will determine what level, if any, training is appropriate in this area.

7. Ionizing Radiation (29 C.F.R. §1910.1096)

The DASHO will determine what level, if any, training is appropriate in this area.

Part III – Training for Top Management, Supervisors, and SHOs

1. Required by 29 CFR §§1960.54 and 55 (provided in OSHA Guidance dated 2/22/2017)

- Completion of OSHA Course 6008, *Introduction to OSHA for Other Federal Agencies*, or equivalent
- Completion of OSHA Course 6005, *Collateral Duty Course for Other Federal Agencies*, or equivalent
- Training on the requirements of this Board Order.

2. Additional Training Courses Recommended for the SHO

- OSHA 6015, Occupational Safety and Health Course for Other Federal Agencies (53 hours)
- OSHA 521, OSHA Guide to Industrial Hygiene (26 hours)
- OSHA 2264, Permit-required Confined Space Entry (20 hours)
- OSHA 2265, Respiratory Protection (26 hours)
- OSHA 3115, Fall Protection (18 hours)

Part IV - Training for DASHO

1. Provided in OSHA Guidance dated 2/22/2017

- Completion of OSHA Course 6008, *Introduction to OSHA for Other Federal Agencies*, or equivalent
- Completion of OSHA Course 6015, Occupational Safety and Health Course for Other Federal Agencies, or equivalent
- Training on the requirements of this Board Order.

2. Additional Training Courses Recommended for the DASHO

- OSHA 6015, Occupational Safety and Health Course for Other Federal Agencies (53 hours)
- OSHA 521, OSHA Guide to Industrial Hygiene (26 hours)
- OSHA 2264, Permit-required Confined Space Entry (20 hours)
- OSHA 2265, Respiratory Protection (26 hours)
- OSHA 3115, Fall Protection (18 hours)

Part V – Training Resources

- 1. Other Agencies. The CSB may seek training assistance from the Secretary, the National Institute for Occupational Safety and Health, Federal Occupational Health and other appropriate sources.
- 2. The Secretary. After the effective date of Executive Order 12196, the Secretary will, upon request and with reimbursement, conduct orientation for DASHOs and/or their designees that will enable them to manage the occupational safety and health programs of their agencies. Such orientation will include coverage of Section 19 of the OSH Act, Executive Order 12196, and the requirements of Part 1960.
- 3. The Department of Labor. Upon request and with reimbursement, the Department of Labor will provide each agency with training materials to assist in fulfilling the training needs of this subpart, including resident and field training courses designed to meet selected training needs of agency safety and health specialists, safety and health inspectors, and collateral duty safety and health personnel. These materials and courses in no way reduce each agency's responsibility to provide whatever specialized training is required by the unique characteristics of its work.
- **4.** The Office of Personnel Management. OPM will develop guidelines and/or provide materials for the safety and health training programs for high-level managers, supervisors, members of committees, and employee representatives.

Appendix G

CSB Personal Fall Protection Program

This plan applies to all CSB field Investigators and other deployed personnel. This includes but is not limited to, all personnel visiting or performing work at elevated work sites.

Existing and potential hazards of elevated work surfaces at all work sites will be identified and procedures established by the Investigator-In-Charge (IIC) to ensure safe working conditions. If the IIC does not believe he or she is qualified to perform this function, appropriate support must be obtained from contractors, company officials, or other federal or state investigative agencies in order to provide the IIC with expert advice. However, final decisions regarding when and how CSB Investigators perform work at elevated worksites remain in the hands of the IIC.

The fall protection procedures will address non-routine climbing operations or when the use of conventional fall protection systems is not feasible or creates greater hazards in use (e.g., during construction or modification of elevated work areas). The plan will also address applicable procedures such as one-person and multi-person climbing operations; requirements for radio and/or telephone communications; special logistics for remote locations; and emergency rescue procedures.

The IIC will take steps to determine that all elevated work surfaces are designed, constructed, and maintained to ensure that they support their maximum intended load. When examinations identify potential deficiencies with a structure or system, a determination will be made by a qualified person to ensure that the surface has the strength and structural integrity to support employees working on them. When exposure to a fall hazard cannot be prevented through engineering controls (e.g., platforms, guardrails) or through the use of elevated work platforms, fall arrest equipment will be used. The IIC will evaluate modifications or installations of fall arrest systems to elevated work structures to ensure that the fall arrest systems will perform as intended.

All fall protection and arresting equipment used by Investigators will be approved by the IIC prior to its use. All equipment will meet applicable OSHA and ANSI standards and must be suitable for the work conditions and environment. Full body harnesses will be worn, where required. Body belts are not acceptable as part of personal fall arresting system (PFAS). The following factors will be considered when selecting equipment and systems:

- (a) Maintenance requirements;
- (b) Performance specifications;
- (c) Ease of use and worker productivity;
- (d) Environmental conditions;
- (e) Installation (e.g., anchorage points, structural integrity);
- (f) Maintenance and inspection;

(g) Training of intended users.

All equipment and systems will be inspected and maintained in accordance with manufacturer's specifications and OSHA and ANSI standards. Any PFAS with signs of damage, impact loading, or significant component defect will be withdrawn from service immediately and evaluated for serviceability by a competent person or replaced. All maintenance and inspection activities will be documented. All equipment and systems should be thoroughly inspected before each use.

The following information constitutes additional guidelines for use in complying with requirements for a personal fall arrest system.

(a) "Selection and use considerations."

- (1) The kind of personal fall arrest system selected should match the particular work situation, and any possible free fall distance should be kept to a minimum. Consideration should be given to the particular work environment. For example, the presence of acids, dirt, moisture, oil, grease, etc., and their effect on the system, should be evaluated. Hot or cold environments may also have an adverse effect on the system. Wire rope should not be used where an electrical hazard is anticipated. As required by the standard, the employer must plan to have means available to promptly rescue an employee should a fall occur, since the suspended employee may not be able to reach a work level independently.
- (2) Where lanyards, connectors, and lifelines are subject to damage by work operations such as welding, chemical cleaning, and sandblasting, the component should be protected, or other securing systems should be used. The work conditions and environment (including seasonal weather changes) should be fully evaluated before selecting the appropriate personal fall protection system. Once in use, the system's effectiveness should be monitored. In some cases, a program for cleaning and maintenance of the system may be necessary.
- (b) "Testing considerations." Before purchasing or putting into use a personal fall arrest system, the CSB should obtain from the supplier information about the system based on its performance during testing so that the DASHO, IICs, and Investigators can know if the system meets this standard. Testing should be done using recognized test methods. The Appendix to OSHA standard 29 C.F.R., Part 1926, Subpart M contains test methods recognized for evaluating the performance of fall arrest systems. Not all systems may need to be individually tested; the performance of some systems may be based on data and calculations derived from testing of similar systems, provided that enough information is available to demonstrate similarity of function and design.
- (c) "Component compatibility considerations." Ideally, a personal fall arrest system is designed, tested, and supplied as a complete system. However, it is common practice for lanyards, connectors, lifelines, deceleration devices, body belts and body harnesses to be interchanged since some components wear out

before others. The IICs, and Investigators should realize that not all components are interchangeable. For instance, a lanyard should not be connected between a harness and a deceleration device of the self- retracting type since this can result in additional free fall for which the system was not designed. Any substitution or change to a personal fall arrest system should be fully evaluated or tested by a competent person to determine that it meets the standard, before the modified system is put in use.

- (d) "Employee training considerations." Thorough training in the selection and use of personal fall arrest systems is imperative. All Investigators must be trained in the safe use of the system. This should include the following: application limits; proper anchoring and tie-off techniques; estimation of free fall distance, including determination of deceleration distance, and total fall distance to prevent striking a lower level; methods of use; and inspection and storage of the system. Careless or improper use of the equipment can result in serious injury or death. All Investigators will become familiar with the material in this Appendix, 29 C.F.R. §1910.30 and 29 C.F.R., Part 1926, Subpart M, as well as the manufacturer's recommendations, before a system is used. Of uppermost importance is the reduction in strength caused by certain tie-offs (such as using knots, tying around sharp edges, etc.) and maximum permitted free fall distance. Also, to be stressed are the importance of inspections prior to use, the limitations of the equipment, and unique conditions at the worksite which may be important in determining the type of system to use. All Investigators will receive training to recognize the hazards associated with elevated work surfaces. Investigator training will be conducted by a competent person in accordance with OSHA regulations, ANSI requirements, and the manufacturer's instructions. Refresher training will be conducted whenever an employee who has already been trained demonstrates a lack of understanding or skill with the PFAS (e.g., due to changes in the workplace or changes in the types of fall protection systems or equipment to be used). All training will be properly documented and maintained. Documentation will include a written certification record that contains the name or other identifier of the employee trained, the date(s) of the training, and the signature of the competent person who performed the training. Employees will be physically capable of performing assigned job duties.
- (e) "**Instruction considerations**." The DASHO must ensure that the CSB's IICs, and Investigators obtain comprehensive instructions from the supplier as to any given system's proper use and application, including, where applicable:
 - (1) The force measured during the sample force test;
 - (2) The maximum elongation measured for lanyards during the force test;
 - (3) The deceleration distance measured for deceleration devices during the force test;
 - (4) Caution statements on critical use limitations;
 - (5) Application limits;
 - (6) Proper hook-up, anchoring and tie-off techniques, including the proper deering or other attachment point to use on the body belt and harness for fall arrest;

- (7) Proper climbing techniques;
- (8) Methods of inspection, use, cleaning, and storage; and
- (9) Specific lifelines that may be used.

This information should be provided to IICs, and Investigators during training.

- (f) "Rescue considerations." When personal fall arrest systems are used, the IIC must assure that Investigators can be promptly rescued or can rescue themselves should a fall occur. The availability of rescue personnel, ladders or other rescue equipment will be evaluated. In some situations, equipment that allows Investigators to rescue themselves after the fall has been arrested may be desirable, such as devices that have descent capability. Emergency and rescue procedures, consistent with the nature of the operations and the conditions of the elevated space, will be established to rescue an Investigator should an emergency occur. Procedures will include methods for summoning rescue and emergency services, for rescuing Investigators from heights, and for providing necessary medical services in a timely fashion.
- (g) "Inspection considerations." Personal fall arrest systems must be regularly inspected. Any component with any significant defect, such as cuts, tears, abrasions, mold, or undue stretching; alterations or additions which might affect its efficiency; damage due to deterioration; contact with fire, acids, or other corrosives; distorted hooks or faulty hook springs; tongues unfitted to the shoulder of buckles; loose or damaged mountings; non-functioning parts; or wearing or internal deterioration in the ropes must be withdrawn from service immediately, and should be tagged or marked as unusable, or destroyed.

(h) "Tie-off considerations."

- (1) One of the most important aspects of personal fall protection systems is fully planning the system before it is put into use. Probably the most overlooked component is planning for suitable anchorage points. Such planning should ideally be done before any climbing or other support structure, such as scaffolding, is constructed.
 - a) Existing anchorages should be used if they are available. In some cases, anchorages must be installed immediately prior to use. In such cases, a registered professional engineer with experience in designing fall protection systems, or another qualified person with appropriate education and experience should design an anchor point to be installed.
 - b) In other cases, the agency recognizes that there will be a need to devise an anchor point from existing structures. Examples of what might be appropriate anchor points are steel members or I-beams if an acceptable strap is available for the connection (do not use a lanyard with a snap hook clipped onto itself); large eye-bolts made of an appropriate grade steel; guardrails or railings if they have been designed for use as an anchor point; or masonry or wood members only if the attachment point is substantial and precautions have been taken to assure that bolts or other connectors will not pull through. A qualified person should be used

- to evaluate the suitability of these "make shift" anchorages with a focus on proper strength.
- (2) IICs and Investigators should at all times be aware that the strength of a personal fall arrest system is based on its being attached to an anchoring system which does not reduce the strength of the system (such as a properly dimensioned eye-bolt/snap-hook anchorage). Therefore, if a means of attachment is used that will reduce the strength of the system, that component should be replaced by a stronger one, but one that will also maintain the appropriate maximum arrest force characteristics.
- (3) Tie-off using a knot in a rope lanyard or lifeline (at any location) can reduce the lifeline or lanyard strength by 50 percent or more. Therefore, a stronger lanyard or lifeline should be used to compensate for the weakening effect of the knot, or the lanyard length should be reduced (or the tie-off location raised) to minimize free fall distance, or the lanyard or lifeline should be replaced by one which has an appropriately incorporated connector to eliminate the need for a knot.
- (4) Tie-off of a rope lanyard or lifeline around an "H" or "I" beam or similar support can reduce its strength as much as 70 percent due to the cutting action of the beam edges. Therefore, use should be made of a webbing lanyard or wire core lifeline around the beam; or the lanyard or lifeline should be protected from the edge; or free fall distance should be greatly minimized.
- (5) Tie-off where the line passes over or around rough or sharp surfaces reduces strength drastically. Such a tie-off should be avoided or an alternative tie-off rigging should be used. Such alternatives may include use of a snaphook/dee ring connection, wire rope tie-off, an effective padding of the surfaces, or an abrasion- resistance strap around or over the problem surface.
- (6) Horizontal lifelines may, depending on their geometry and angle of sag, be subjected to greater loads than the impact load imposed by an attached component. When the angle of horizontal lifeline sag is less than 30 degrees, the impact force imparted to the lifeline by an attached lanyard is greatly amplified. For example, with a sag angle of 15 degrees, the force amplification is about 2:1 and at 5 degrees sag, it is about 6:1. Depending on the angle of sag, and the line's elasticity, the strength of the horizontal lifeline and the anchorages to which it is attached should be increased a number of times over that of the lanyard. Extreme care should be taken in considering a horizontal lifeline for multiple tie-offs. The reason for this is that in multiple tie-offs to a horizontal lifeline, if one Investigator falls, the movement of the falling Investigator and the horizontal lifeline during arrest of the fall may cause other Investigators to fall also. Horizontal lifeline and anchorage strength should be increased for each additional employee to be tied off. For these and other reasons, only qualified personnel will be permitted to design systems using horizontal lifelines. Testing of installed

lifelines and anchors prior to use is recommended.

- (7) The strength of an eye-bolt is rated along the axis of the bolt and its strength is greatly reduced if the force is applied at an angle to this axis (in the direction of shear). Also, care should be exercised in selecting the proper diameter of the eye to avoid accidental disengagement of snap-hooks not designed to be compatible for the connection.
- (8) Due to the significant reduction in the strength of the lifeline/lanyard (in some cases, as much as a 70 percent reduction), the sliding hitch knot (prusik) should not be used for lifeline/lanyard connections except in emergency situations where no other available system is practical. The "one-and-one" sliding hitch knot should never be used because it is unreliable in stopping a fall. The "two-and-two," or "three-and- three" knot (preferable) may be used in emergency situations; however, care should be taken to limit free fall distance to a minimum because of reduced lifeline/lanyard strength.
- (i) "Vertical lifeline considerations." Each Investigator must have a separate lifeline when the lifeline is vertical. The reason for this is that in multiple tie-offs to a single lifeline, if one Investigator falls, the movement of the lifeline during the arrest of the fall may pull other Investigators' lanyards, causing them to fall as well.
- (j) "Snap-hook considerations." Locking snap hooks designed for connection to suitable objects (of sufficient strength) are required in lieu of the non-locking type. Locking snap hooks incorporate a positive locking mechanism in addition to the spring-loaded keeper, which will not allow the keeper to open under moderate pressure without someone first releasing the mechanism. Such a feature, properly designed, effectively prevents roll out from occurring.
- (k) "Free fall considerations." The IIC and Investigators should at all times be aware that a system's maximum arresting force is evaluated under normal use conditions established by the manufacturer, and in no case using a free fall distance in excess of 6 feet (1.8 m). A few extra feet of free fall can significantly increase the arresting force on the user, possibly to the point of causing injury. Because of this, the free fall distance should be kept at a minimum, and, as required by the standard, in no case greater than 6 feet (1.8 m). To help assure this, the tie-off attachment point to the lifeline or anchor should be located at or above the connection point of the fall arrest equipment to belt or harness. (Since otherwise additional free fall distance is added to the length of the connecting means (i.e. lanyard)). Attaching to the working surface will often result in a free fall greater than 6 feet (1.8 m). For instance, if a 6-foot (1.8 m) lanyard is used, the total free fall distance will be the distance from the working level to the body belt (or harness) attachment point plus the 6 feet (1.8 m) of lanyard length. Another important consideration is that the arresting force that the fall system must withstand also goes up with greater distances of free fall, possibly exceeding the strength of the system.

- (1) "Elongation and deceleration distance considerations." Other factors involved in a proper tie-off are elongation and deceleration distance. During the arresting of a fall, a lanyard will experience a length of stretching or elongation, whereas activation of a deceleration device will result in a certain stopping distance. These distances should be available with the lanyard or device's instructions and must be added to the free fall distance to arrive at the total fall distance before an employee is fully stopped. The additional stopping distance may be very significant if the lanyard or deceleration device is attached near or at the end of a long lifeline, which may itself add considerable distance due to its own elongation. Sufficient distance must be maintained between the Investigator and obstructions below, in order to prevent an injury due to impact before the system fully arrests the fall. In addition, a minimum of 12 feet (3.7 m) of lifeline should be allowed below the securing point of a rope grab type deceleration device, and the end terminated to prevent the device from sliding off the lifeline. Alternatively, the lifeline should extend to the ground or the next working level below. These measures are suggested to prevent a user from inadvertently moving past the end of the lifeline and having the rope grab become disengaged from the lifeline.
- (m) "Obstruction considerations." The location of the tie-off should also consider the hazard of obstructions in the potential fall path of the Investigator. Tie-offs that minimize the possibilities of exaggerated swinging should be considered. Any obstructions that might interfere with this fall or exaggerated swinging motion should also be considered, or a severe injury could occur.
- (n) "Other considerations." Because of the design of some personal fall arrest systems, additional considerations may be required for proper tie-off. For example, heavy deceleration devices of the self-retracting type should be secured overhead in order to avoid the weight of the device having to be supported by the user. Also, if self-retracting equipment is connected to a horizontal lifeline, the sag in the lifeline should be minimized to prevent the device from sliding down the lifeline to a position that creates a swing hazard during fall arrest.
- (o) "Vehicle-Mounted Elevating Systems, Rotating Work Platforms, and Personal Platforms Hoisted by Cranes and other Machinery." When investigative work requires field investigators to use vehicle-mounted elevating and rotating work platforms, appropriate personal fall protection equipment will be used. This normally consists of a body belt/harness system with a short (e.g., no more than 2 feet) positioning-type lanyard appropriately attached to a suitable identified anchor point in the work platform. The lanyard in this case acts as a restraint that prevents the user from being exposed to any type of fall (e.g., prevents climbing the guardrail system, or bouncing out of the protective enclosure of the guardrail system).

When investigative work requires field investigators to use a personal platform hoisted by a crane appropriate personal fall protection equipment will be used. This normally consists of a body belt/harness system with lanyard appropriately attached to the lower load block or overhaul ball, or to a structural member within the personnel platform capable of supporting a fall impact for users using the

anchorage. The IIC will ensure that the other requirements of 29 C.F.R. \$1926.550(g)(2) are met (e.g., appropriate type crane, properly designed platform, trial lift, prelift training) before allowing field investigators to use the personal platform.

Appendix H

CSB Permit-Required Confined Space Entry Program (PRCSEP)

1. **Entry Policy for Investigators**. CSB Investigators will only enter confined spaces when it is determined essential to the investigation by the IIC. Only Investigators who are experienced and trained in confined space entry may enter permit-required confined spaces. The training requirements specified in this appendix are a minimum for this purpose.

2. Definitions.

a. **Alternate entry procedures**. Procedures utilized for entry when the only hazard or potential hazard presented by the confined space is atmospheric and may be eliminated by the use of continuous forced air ventilation.

b. Confined space.

- (1) A space that is large enough and so configured that an employee can bodily enter and perform assigned work;
- (2) Has limited or restricted means for entry or exit; and
- (3) Is not designed for continuous employee occupancy.
- (4) Examples of such spaces include: storage tanks, pits, boilers, fuel cells, sewers, underground utility vaults, tunnels, cooling towers, temporary enclosures, and manholes. Once a known or potential hazard is identified within a confined space, it becomes a permit-required confined space (PRCSP).
- c. **Hazardous atmosphere**. An atmosphere that may expose employees to the risk of death, incapacitation, impairment of ability to self-rescue (that is, escape unaided from a permit space), injury, or acute illness from one or more of the following causes:
 - (1) Flammable gas, vapor, or mist in excess of 10 percent of its lower flammable limit (LFL).
 - (2) Airborne combustible dust at a concentration that meets or exceeds its LFL.
 - (3) Atmospheric oxygen concentration below 19.5 percent or above 23.5 percent.
 - (4) Atmospheric concentration of any substance for which a dose or a permissible exposure limit (PEL) is published in 29 C.F.R., Part 1910, Subpart G, "Occupational Health and Environmental Control," or in 29 C.F.R., Part 1910, Subpart Z, "Toxic and Hazardous Substances," and which could result in employee exposure in excess of its dose or PEL.
 - (5) Any other atmospheric condition that is immediately dangerous to life or health.
 - (6) CSB personnel will use OSHA PEL'S. Where there are no OSHA PEL'S, airborne limits will not exceed American Conference of Governmental Industrial Hygienists (ACGIH) Threshold Limit Values-Time Weighted Averages (TLV-TWA), NIOSH Recommended Exposure Limits (REL), or other published sources, such as safety data sheets (SDS), whichever is the more

stringent, when making decisions related to personnel exposure to air contaminants.

- d. **Permit-Required Confined Space (PRCSP)**. A confined space that has one or more of the following characteristics:
 - (1) Contains or has a potential to contain a hazardous atmosphere; or
 - (2) Contains a material that has the potential for engulfing an entrant; or has an internal configuration such that an entrant could be trapped or asphyxiated by inwardly converging walls or by a floor that slopes downward and tapers to a smaller cross-section; or
 - (3) Contains any other recognized serious safety or health hazard.
- e. **Personal Protective Equipment (PPE)**. Equipment necessary is to protect employees from the risk of injury by creating a barrier against workplace hazards. Personal protective equipment is not a substitute for good engineering or administrative controls or good work practices but should be used in conjunction with these controls to ensure the safety and health of employees. Personal protective equipment will be provided, used, and maintained when it has been determined that its use is required and that such use will lessen the likelihood of occupational injury and/or illness. PPE includes eye, face, head, foot, respiratory, hearing and hand protection.

3. Program Elements.

- a. **Investigator Safety and Health**. The Investigator in Charge (IIC) will determine that entry into any confined space is vital to the investigation. Once it is determined that entry into the confined space is unavoidable, the IIC, in coordination with the DASHO/SHO, aided by information obtained from the site employer's Confined Space Program Manager (CSPM) and the CSB's field investigation team, will evaluate the hazards identified by the site employer's PRCSP which are present in the permit-required confined space. In addition, the space may be independently evaluated by a contracted certified Industrial Hygienist or Safety Professional for any other hazards that may be present. Appropriate precautionary measures will be based on both of the evaluations.
 - (1) Besides personal protective equipment normally issued to the Investigator, an Investigator who is conducting an investigation requiring entry into a permit-required confined space will be given ready access to all equipment necessary for safe entry, in accordance with other applicable provisions of this program (i.e., no Self-Contained Breathing Apparatus (SCBA), appropriate training required before use of needed PPE, etc.) The IIC will determine what equipment is needed, ensure that needed equipment is provided (and ready to use, including calibrating, testing, monitoring, etc.), that any additional personal protective equipment is provided, and that any CSB employees utilizing PPE are properly trained in the proper use of such equipment. The IIC will also obtain documents showing that

the equipment has been properly maintained prior to use by CSB field investigation team members, as required.

- (2) A second trained Investigator will act as an attendant when the first Investigator enters the permit space. Both Investigators will be cross-trained in each other's duties as an entrant and an attendant.
- (3) The Investigator who will enter the confined space may use the permit entry procedures established by the investigation site employer only after the IIC has conducted a thorough review of the procedures and compared those procedures with 29 C.F.R. §1910.146/29 C.F.R. §1926.1200. If there is a potential or actual discrepancy between the standard and the employer's procedures, or the IIC is or becomes uncomfortable with the potential hazards presented, the IIC must resolve the issue(s) to their satisfaction. Entry will not commence until all discrepancies have been resolved. Note: For investigation sites covered by OSHA's process safety management standard (29 C.F.R. §1910.119), the investigation site employer's PRCS procedures are required to be used.
- (4) No entry will be attempted until the equipment necessary for safe entry has been provided and **all** provisions of the 29 C.F.R. §§1910.146/1926.1200 standard have been met.
- b. **Site PRCSP Evaluation**. The following elements of a site employer's Confined Space Program must be developed and implemented before CSB employees will enter any permit required confined space at the site.
 - (1) A CPSM will be designated to manage the site specific Confined Space Program.
 - (2) A written confined space entry program (CSEP) must be developed and implemented in accordance with the requirements of 29 C.F.R. §1910.146/29 C.F.R. §1926.1200. The entry program must be made available to CSB employees for inspection. The written CSEP must contain evidence or assure that the following elements or steps have been taken:
 - (a) A survey of facilities will be conducted and documented to identify and classify all confined spaces (permit and non-permit required) that could be entered by employees. A current inventory of spaces will be maintained for each facility.
 - (b) Existing and potential hazards of each space will be identified and evaluated, and procedures and practices established by which the confined spaces can be entered safely.
 - (c) Responsible supervisors will prevent unauthorized entry through such measures as training and by posting signs and barriers, as necessary. The employer will inform exposed employees by posting danger signs or by any other equally effective means of the existence of and location of the danger posed by the permit spaces.

If CSB employees enter permit-required confined spaces, a written permit system will be developed in accordance with 29 C.F.R. §1910.146/29 C.F.R. §1926.1200. Prior to entry into any PRCSP containing a potentially hazardous atmosphere, the

- space will be tested for oxygen content and the presence of toxic or flammable/explosive constituents. During the PRCSP entry operation, the permit will be clearly posted at the site. Continuous atmospheric monitoring will be conducted while CSB employees inhabit the PRCS.
- (d) If the hazard cannot be eliminated but is reduced so that only continuous forced air ventilation is required to permit safe entry, and no other potential hazard is present, the space may be designated as an alternate entry procedure space, thus eliminating the requirement for attendants and rescue provisions. PRCSP procedures must be followed until the entry supervisor certifies that all alternate entry procedures have been met. The entry will be documented in accordance with requirements as listed in 29 C.F.R. §1910.146 (c)(5).
- c. **Employee Information and Training**. All CSB employees who work in or near confined spaces must be properly trained on the hazards likely to be encountered and appropriate safety measures necessary to protect themselves before being assigned to work in accordance with 29 C.F.R. §1910.146/29 C.F.R. §1926.1200. Training will include procedures specific to the employees' job duties and responsibilities (e.g., authorized entrant, attendant, etc.). All training will be properly documented. Refresher training will be required whenever there is a change in operations that presents a hazard about which the employee has not been previously trained; whenever the IIC believes there have been deviations from entry procedures or there is inadequate knowledge of procedures; and whenever evaluation determines inadequacies in the investigator's knowledge. Minimum training for an Investigator who will be entering a permit space is:
 - (1) The Confined Space entry course offered by OSHA's Training Institute or equivalent, including training administered by the CSB through appropriate contractors or formalized, in-house training programs.
 - (2) Respiratory Protection course offered by OSHA's Training Institute or equivalent, including training administered by the CSB through appropriate contractors or formalized, in-house training programs.
 - (3) OSHA Guide to Industrial Hygiene course offered by OSHA's Training Institute or equivalent, including training administered by the CSB through appropriate contractors or formalized, in-house training programs.
 - (4) When an investigation site's PRCS procedures are used for entry, investigators will receive training in those procedures prior to entry by the site's CSPM.
- d. **Emergency Rescue Procedures**. Site employer emergency and rescue procedures must be consistent with the nature of the operations and the conditions within the confined space. A written emergency plan, approved by the CSPM, will be developed and implemented for summoning rescue and emergency services, for rescuing entrants from permit spaces, for providing necessary medical services to rescued employees, and for preventing unauthorized personnel from attempting rescue. This plan will be reviewed by the IIC prior to confine space entry by CSB Investigators. If formed by future action of the DASHO, emergency rescue teams will be trained and will conduct annual permit space rescue drills in the specific spaces to be entered in accordance with 29 C.F.R. §1910.146/29 C.F.R. §1926.1200. Additionally, rescue equipment such as hand-held radios (or other adequate communication device), tripod, harness, cable, and lift crank will be provided.

e. **Evaluation.** An evaluation of the CSB's PRCSP will be conducted annually, or whenever the DASHO, SHO, or IIC have reason to believe that the measures taken under the permit program may not sufficiently protect employees, or in order to validate compliance with controlling OSHA standards. The program will be revised to correct deficiencies found to exist before additional entries are authorized.

Appendix I

CSB Control of Hazardous Energy (Lockout/Tagout)

1. Lockout/Tagout Policy. No CSB Investigator or other deployed CSB personnel will knowingly contact or work in potentially dangerous proximity to any uncontrolled "energy source." Lockout/Tagout procedures will be implemented in coordination with the facility Lockout/Tagout Program Manager (LTPM) at any site that is the subject of any CSB field investigation activity.

2. Definitions.

- **a. Authorized employee**. Facility employees who perform service and maintenance on machines and equipment and are specifically trained to use a lockout/tagout.
- **b.** Affected employee. Employees (including CSB employees and contractors) performing normal job duties in an area where lockout/tagout controls may be used (e.g., servicing equipment, inspecting, sampling, testing, photographing, etc.).
- **c.** Contractor employees. Employees of contractors performing maintenance, repair, inspection, testing, or contacting equipment requiring lockout and/or tagout.
- **d.** Capable of being locked out. An energy isolating device is capable of being locked out if it has a hasp or other means of attachment to which, or through which, a lock can be affixed, or it has a locking mechanism built into it. Other energy isolating devices are capable of being locked out if lockout can be achieved without the need to dismantle, rebuild, or replace the energy isolating device or permanently alter its energy control capability.
- **e. Energized**. Connected to an energy source or containing residual or stored energy.
- **f. Energy isolating device**. A mechanical device that physically prevents the transmission or release of energy, including but not limited to the following: a manually operated electrical circuit breaker; a disconnect switch; a manually operated switch by which the conductors of a circuit can be disconnected from all ungrounded supply conductors, and, in addition, no pole can be operated independently; a line valve; a block; and any similar device used to block or isolate energy. Push buttons, selector switches and other control circuit type devices are not energy isolating devices.
- **g.** Energy source. Any source of electrical, mechanical, hydraulic, pneumatic, chemical, thermal, stored (potential) or other energy.

h. Exempted Equipment.

(1) Cord and plug equipment where the plug is under exclusive control of servicing employee when removed from the receptacle.

- (2) Operations where a shutdown is not possible, but where alternative adequate protection is provided by trained and Authorized employees or contractors being overseen by the LTPM in coordination with the IIC.
- **i. Initial survey evaluation**. An initial survey and evaluation to identify energized equipment requiring lockout and/or tagout, or any equipment or machinery currently locked or tagged out. Particularly relevant to this survey evaluation are equipment and machines with multiple sources of power and stored energy, and any hazardous conditions caused by fire, explosion, or overpressure.
- **j. Lockout**. The placement of a lockout device on an energy isolating device, in accordance with an established procedure, ensuring that the energy isolating device and the equipment being controlled cannot be operated until the lockout device is removed.
- **k.** Lockout device. A device that utilizes a positive means such as a lock, either key or combination type, to hold an energy isolating device in the safe position and prevent the energizing of a machine or equipment. Included are blank flanges and bolted slip blinds.
- **l. Lockout/Tagout**. Specific practices and procedures to safeguard employees from the unexpected energization or startup of machinery and equipment, or the release of hazardous energy during service or maintenance activities.
- **m.** Lockout/Tagout Program Manager (LTPM). The facility safety and health coordinator or equivalently authorized manager (or his/her designate) responsible for overseeing the facility's lockout/tagout program.
- **n.** Other employee. Employees whose work operations are or may be in an area where lockout/tagout control procedures may be utilized must be instructed about the procedure and about the prohibition relating to attempts to restart or re-energize machines or equipment which are locked out or tagged out.
- **o. Stop Work Authority.** The right of any affected employee to stop any operation that the affected employee believes will present an imminent hazard to safety, health, or the environment.
- **p. Stored (potential, kinetic, or chemical) energy**. Energy stored by chemical bonds, spring tension, elevated machine members, rotating flywheels, air, gas, steam or water pressure, etc.
- **q. Tagout**. The placement of a tagout device on an energy isolating device, in accordance with an established procedure, to indicate that the energy isolating device and the equipment being controlled may not be operated until the tagout device is removed.
- **r. Tagout device**. A prominent warning device, such as a tag and a means of attachment, which can be securely fastened to an energy isolating device in accordance with an established procedure, to indicate that the energy isolating device and the equipment being controlled may not be operated until the tagout device is removed.

3. Program Elements.

- **a. Investigator Safety and Health.** The Investigator in Charge (IIC), and the LTPM, and aided by information obtained by other CSB Investigators and appropriately trained persons familiar with the equipment at the site, will conduct an Initial Survey Evaluation to identify hazardous energy sources present and ensure that the release of energy from such hazards are controlled with engineering control where feasible prior to allowing investigation activities to be conducted. The IIC will communicate the findings of the Initial Survey Evaluation to all affected employees before the affected employees enter the incident scene. The IIC may delegate the responsibility to conduct and communicate the findings from the Initial Survey Evaluation to any affected employee.
 - (1) The investigation site facility lockout/tagout program will be followed by CSB investigators, especially at sites covered by OSHA's process safety management standard (29 C.F.R. §1910.119), unless such program, after being reviewed for compliance with 29 C.F.R. §1910.147 by the IIC or his/her designee, is determined to be inadequate.
- **b. Lockout/Tagout Work Practices**. The IIC, LTPM and authorized facility employees must implement the following work practices as necessary.
 - (1) The LTPM (or his designee) will:
 - (a) Notify all affected and other employees (including CSB personnel and contractors) that a lockout or tagout system is going to be utilized, and the reason for the procedure.
 - i. Notification must convey the type and magnitude of energy that the machine, equipment, or hazardous condition presents.
 - ii. Notification must include the exact location and identity of lockout and/or tagout devices, which must be demonstrated in the workplace and recognizable by all affected and other employees.
 - iii. Emphasis must focus on preventing accidental start-up of equipment or reenergization of fluid lines or electrical lines.
 - (b) Shut down, by normal stopping procedures (i.e., stop button, toggle switch, etc.), all energized or operating equipment or hazardous energy sources.
 - (c) After shutting down, relieve any stored energy by operating the switch, valve or other energy-isolating device(s) so that the equipment is isolated from its energy sources(s) and energy free.
 - (d) Lockout and/or tagout the energy-isolating devices with the assigned lock(s) or tag(s) selected (e.g., locks, tags, additional safety measures, etc.).
 - i. Blinding and/or disconnecting, and locking out the connection, is always the first choice for isolating equipment.
 - ii. Tagout devices will only be used when an energy-isolating device cannot be locked out or is incapable of being locked out.
 - iii. Tagout devices (and related tagout procedures) must provide all

affected and other employees, as well as all CSB personnel and contractors, with a level of protection equal to that achieved through a compliant lockout system.

- (e) Positively verify the efficacy of the isolation. For example, after ensuring that no personnel are potentially exposed, operate (test) the equipment controls to make certain the equipment has been de-energized (i.e., return operating control(s) to the "neutral" or "off" position after the testing has been conducted).
- (2) The following steps must be followed by the LTPM (or his designate) when lockout or tagout work is completed:
 - (a) Check the area around the machines or equipment to ensure that no one is exposed.
 - (b) After all tools have been removed from the machine or equipment, guards have been reinstalled and employees are in the clear, remove all lockout or tagout devices.
 - (c) Locks or tags are to be removed only by those employees who attach them. In the very rare case when the original placing person cannot remove his or her device, the device may be removed under the direction of the LTPM or other management official only after the current location of the employee who attached the lock or tag has been positively identified. When the location of the person who placed the lock or tag is positively identified, that employee must be personally notified prior to returning to work that the equipment has been uncontrolled and re-energized.
- **b. Employee Information and Training**. All CSB employees who work in or near energized equipment or hazards requiring lockout and/or tagout must be properly trained on the hazards likely to be encountered and appropriate safety measures necessary to protect themselves before being assigned to work in accordance with 29 C.F.R. § 1910.147(c)(7)(i).
- (1) Minimum Training for Investigators.
 - (a) Lockout/tagout awareness training, highlighting the contents of this policy.
 - (b) Refresher training will be conducted whenever a change in operations presents a previously unrecognized hazard, or whenever a policy change is implemented about which an investigator has not been previously trained. Also, during an investigation, whenever the IIC believes there have been deviations from the facility lockout/tagout procedures, or where an Investigator exhibits inadequate knowledge of procedures or CSB policy.
 - (c) The retraining will reestablish employee awareness, proficiency, and introduce new or revised control methods and procedures, as necessary.

- (d) The CSB will certify that employee training has been accomplished and is being kept up to date. The certification will contain each employee's name and dates of training.
- (e) The CSB will remind affected employees of their Stop Work Authority before the affected employees first enter an incident scene.
- **c. Evaluation.** An evaluation of the CSB's lockout/tagout program will be conducted annually, or whenever the DASHO, or IIC have reason to believe that the measures taken under the lockout/tagout program may not sufficiently protect employees, or in order to validate compliance with controlling OSHA standards. The program will be revised to correct deficiencies.
- (1) Evaluations will be documented in writing and must describe all revisions, the name of the evaluator, the date of the evaluation, and must outline any training that must be conducted as a result of revisions.
- (2) In an attempt to provide the highest level of protection that can reasonably be achieved, CSB Investigators will be encouraged during their training to participate in identifying program shortcomings and deficiencies, and to report such deficiencies (from past experiences and during investigations) to the DASHO or his or her immediate supervisor.

Appendix J

CSB Personal Protective Equipment (PPE) Requirement Program

This program is intended to provide assistance to CSB IICs, supervisors, and employees in performing hazard assessment and selecting appropriate PPE.

- 1. **Controlling hazards**. PPE devices alone should not be relied on to provide protection against hazards, but should be used in conjunction with guards, engineering controls, and other sound safety practices. Therefore, CSB Investigators will encourage site employers to use the above referenced alternatives in addition to wearing all equipment necessary for their safety.
- 2. **Assessment and selection**. It is necessary to consider certain general guidelines for assessing the foot, head, eye and face, and hand hazard situations that exist in an industrial operation or process, and to match the protective devices to the particular hazard. It will be the responsibility of the IIC to rely on common sense, safety training, and professional expertise to accomplish these tasks.
- 3. **Assessment guidelines**. In order to assess the need for PPE the following steps should be taken:
 - (a) <u>Assigned PPE</u>. Upon commencing employment with the CSB, Investigators will be assigned a variety of PPE. Additionally, Investigators and other deployed personnel will bring their full complement of PPE when deployed to an investigation, know how to don all needed PPE upon receiving direction from the IIC or other management official, and continue to wear all PPE until told by the IIC that it is safe to remove it.
 - (1) Under ordinary circumstances, PPE will include: hard hats, steel- toed boots or safety shoes, Nomex[®] coveralls, gloves, ear plugs or ear muffs, and safety glasses (of which, prescription safety glasses, steel toed boots and safety shoes are covered separately in **Appendix M**) or goggles.
 - (2) If asbestos is an issue in a given investigation, Investigators will also be issued disposal Tyvex[®] coveralls, disposable gloves, disposable head coverings, and HEPA filters that fit each Investigator's respirator.
 - (b) <u>Survey</u>. In areas where air contaminants are not suspected, or appropriate respiratory protection is used, the IIC will conduct a walk-through survey of the areas in question. The purpose of the survey is to identify sources of hazards to workers and co-workers. Consideration should be given to the basic hazard categories:
 - Impact
 - Penetration
 - Compression (roll-over)

- Chemical
- Heat
- Harmful dust
- Light (optical) radiation
- (c) <u>Sources</u>. During the walk-through survey the IIC should observe:
 - (1) sources of motion, (i.e., machinery or processes where any movement of tools, machine elements or particles could exist, or movement of personnel that could result in collision with stationary objects);
 - (2) sources of high temperatures that could result in burns, eye injury or ignition of protective equipment, etc.;
 - (3) types of chemical exposures;
 - (4) sources of harmful dust;
 - (5) sources of light radiation, i.e., welding, brazing, cutting, furnaces, heat treating, high intensity lights, etc.;
 - (6) sources of falling objects or potential for dropping objects;
 - (7) sources of sharp objects which might pierce the feet or cut the hands;
 - (8) sources of rolling or pinching objects which could crush the feet;
 - (9) layout of workplace and location of co-workers; and
 - (10) any electrical hazards.

In addition, all relevant injury/accident data made available from a site employer should be reviewed and discussed with the site employer in order to help identify potential problem areas. The IIC should speak with the site employer in order to gather this and any other relevant safety information, on an as-needed basis.

- (d) <u>Organize data</u>. Following the walk-through survey, it may be necessary to organize the data and information for use in the assessment of hazards. The objective is to prepare an analysis of the hazards in the environment to enable proper selection of protective equipment.
- (e) Analyze data. Having gathered and organized data on a workplace, an estimate of the potential for injuries should be made. Each of the basic hazards (paragraph 3.a.) should be reviewed and a determination made as to the type, level of risk, and seriousness of potential injury from each of the hazards found in the area. The possibility of exposure to several hazards simultaneously should be considered.
- 4. **Selection guidelines**. After completion of the analysis procedures, the general procedure for selection of protective equipment is to:
- (a) Become familiar with the potential hazards and the type of protective equipment that is available, and what it can do, (i.e., splash protection, impact protection, etc.);

- (b) Compare the hazards associated with the environment; i.e., impact velocities, masses, projectile shape, radiation intensities, with the capabilities of the available protective equipment;
- (c) Select the protective equipment which ensures a level of protection greater than the minimum required to protect employees from the hazards; and
- (d) Fit the user with the protective device and give instructions on care and use of the PPE. It is very important that end users be made aware of all warning labels for and limitations of their PPE.
- 5. **Fitting the device**. Careful consideration must be given to comfort and fit. PPE that fits poorly will not afford the necessary protection. Continued wearing of the device is more likely if it fits the wearer comfortably. Care should be taken to ensure that the right size is selected.
- 6. **Devices with adjustable features**. Adjustments should be made on an individual basis for a comfortable fit that will maintain the protective device in the proper position. Particular care should be taken in fitting devices for eye protection against dust and chemical splash to ensure that the devices are sealed to the face. In addition, proper fitting of helmets is important to ensure that it will not fall off during work operations. In some cases, a chin strap may be necessary to keep the helmet on an employee's head. (Chin straps should break at a reasonably low force, however, so as to prevent a strangulation hazard). Where manufacturer's instructions are available, they should be followed carefully.
- 7. **Reassessment of hazards**. It is the responsibility of the IIC to reassess the workplace hazard situation as necessary to insure proper PPE selection.
- 8. Selection guidelines for eye and face protection. Some activities for which eye protection should be routinely considered are: carpentry, electrical work, machinists' activities, mechanical and general repair activity, plumbing and pipe fitting, sheet metal work, machine assemble, sanding, grinding operations, lathe and milling machine areas, saw operations, welding, and chemical processes. Investigators working anywhere near areas where work of this type, or any other similar activity that poses the same types of dangers, should obtain and wear appropriate eye and face protection in accordance with ANSI/ISEA Z87.1-2010, *Occupational and Educational Personal Eye and Face Protection Devices*.
- 9. **Prescription Eye Protection (Safety Glasses)**. As previously noted, CSB employees requiring prescription safety glasses will follow provisions outlined in **Appendix M**.
- 10. **Selection guidelines for head protection**. All head protection (hard hats or helmets) is designed to provide protection from impact and penetration hazards caused by falling objects in accordance with American National Standards Institute (ANSI) Z89.1-2009, *American National Standard for Industrial Head Protection*, or equivalent. Head protection is also available which provides protection from electric shock and burn. When selecting head protection, knowledge of potential electrical hazards is important. Class A helmets, in addition to impact and penetration resistance, provide electrical protection from low-voltage conductors (they are proof tested to 2,200 volts). Class B

helmets, in addition to impact and penetration resistance, provide electrical protection from high-voltage conductors (they are proof tested to 20,000 volts). Class C helmets provide impact and penetration resistance (they are usually made of aluminum which conducts electricity) and should not be used around electrical hazards.

Where falling object hazards are present, helmets must be worn. Some examples include: working below other workers who are using tools and materials which could fall; working around or under conveyor belts which are carrying parts or materials; working below machinery or processes which might cause material or objects to fall; and working on exposed energized conductors. Some examples of occupations for which head protection should be routinely considered are: carpenters, electricians, linemen, mechanics and repairers, plumbers and pipe fitters, assemblers, packers, wrappers, sawyers, welders, laborers, freight handlers, timber cutting and logging, stock handlers, and warehouse laborers. Investigators working anywhere near areas where work of this type, or any other similar activity, should obtain and wear appropriate head protection.

11. **Selection guidelines for foot protection**. Safety shoes and boots which meet the ASTM F-2412-2005, *Standard Test Methods for Foot Protection*, and ASTM F-2413-2005, *Standard Specification for Performance Requirements for Protective Footwear*, or equivalent provide both impact and compression protection. Where necessary, safety shoes can be obtained which provide puncture protection. In some work situations, metatarsal protection should be provided, and in other special situations electrical conductive or insulating safety shoes would be appropriate.

Safety shoes or boots with impact protection would be required for carrying or handling materials such as packages, objects, parts or heavy tools, which could be dropped, and for other activities where objects might fall onto the feet. Safety shoes or boots with compression protection would be required for work activities involving skid trucks (manual material handling carts) around bulk rolls (such as paper rolls) and around heavy pipes, all of which could potentially roll over an employee's feet. Safety shoes or boots with puncture protection would be required where sharp objects such as nails, wire, tacks, screws, large staples, scrap metal etc., could be stepped on by employees causing a foot injury.

12. **Selection guidelines for hand protection**. Gloves are often relied upon to prevent cuts, abrasions, burns, and skin contact with chemicals that are capable of causing local or systemic effects following dermal exposure. There are no gloves that provide protection against all potential hand hazards, and commonly available glove materials provide only limited protection against many chemicals. Therefore, it is important to select the most appropriate glove for a particular application and to determine how long it can be worn, and whether it can be reused in accordance with ANSI/ISEA 105-2016 *American National Standard for Hand Protection Classification*.

It is also important to know the performance characteristics of gloves relative to the specific hazard anticipated, (e.g., chemical hazards, cut hazards, flame hazards, etc.) These performance characteristics should be assessed by standard test procedures. Before purchasing gloves, the procurement officer will request documentation from the manufacturer that provides assurance that the gloves meet the appropriate test standard(s)

for the hazard(s) anticipated. Other factors to be considered for glove selection in general include:

- (a) As long as the performance characteristics are acceptable, in certain circumstances, it may be more cost effective to regularly change cheaper gloves than to reuse more expensive types;
- (b) The work activities should be studied to determine the degree of dexterity required, the duration, frequency, and degree of exposure of the hazard, and the physical stresses that will be applied. With respect to selection of gloves for protection against chemical hazards;
- (c) The toxic properties of the chemical(s) must be determined; in particular, the ability of the chemical to cause local effects on the skin and/or to pass through the skin and cause systemic effects;
- (d) Generally, any "chemical resistant" glove can be used for dry powders;
- (e) For mixtures and formulated products (unless specific test data are available), a glove should be selected on the basis of the chemical component with the shortest breakthrough time, since it is possible for solvents to carry active ingredients through polymeric materials; and,
- (f) Employees must be able to remove the gloves in such a manner as to prevent skin contamination.
- 13. **Cleaning and maintenance**. It is important that all PPE be kept clean and properly maintained. Cleaning is particularly important for eye and face protection where dirty or fogged lenses could impair vision. For the purposes of compliance with 29 C.F.R. §1910.132 (a) and (b), PPE will be inspected, cleaned, and maintained at regular intervals so that the PPE provides the required protection. It is also important to ensure that contaminated PPE that cannot be decontaminated is disposed of in a manner that protects employees from exposure to hazards.

Appendix K

CSB Hazard Reporting Process

- 1. **Introduction.** This appendix is a condensed version of the requirements of 29 C.F.R. §1960.28. Refer to that regulation, or Executive Order 12196, 1-201, should any clarification be needed.
- 2. **General.** Hazard reporting by CSB employees is intended to help identify actual or potential unsafe, unhealthy, or hazardous conditions. Once identified, corrective action can be taken. These reports are not used as, nor are they considered to be, grievances of any sort. No employee should fear retribution or retaliation for filing what they perceive to be a legitimate report. Employees who believe an unsafe or unhealthful condition exists in their workplace are encouraged to report these conditions to their supervisor or to the appropriate safety and health official, or to request a workplace inspection. Employees who make a report may request that their name be withheld.
- 3. **Employee Report of Hazardous Condition.** Employees may report unsafe or unhealthful conditions either orally or in writing, at any time, in the following manner:
- (a) Initial Report
 - 1. The employee will make an initial report to their immediate supervisor.
 - 2. This report must contain the following information:
 - (a) Complete description of the hazard;
 - (b) Location of the reported unsafe or unhealthy condition;
 - (c) Employee's name (or submitted anonymously, if desired);
 - (d) Date and time the condition was discovered;
 - (e) Other information as deemed appropriate (e.g., proposed corrective action, etc.).

(b) Supervisor's Report

- 1. The supervisor must orally notify the DASHO upon receipt of a hazard report if the hazard reported poses an imminent danger or a serious hazard (threat of death or serious bodily injury or significant property damage). Otherwise, within 24 hours, the supervisor will notify the DASHO of the reported hazard in writing. This report will include:
 - (a) A complete copy of the employee's initial report, filed as an attachment;
 - (b) Approximate number of employees affected;
 - (c) Date reported to the supervisor;
 - (d) Supervisor's opinion as to whether there is imminent danger posed by the hazard, and seriousness of the hazard;
 - (e) Actions already taken by the supervisor;
 - (f) Additional suggested corrective action.

The supervisor should make a copy of the cover sheet and initial report and retain it for their own records. The entire package of original documents must then be transmitted to the DASHO for further action.

(c) DASHO's Report

- The DASHO must then analyze the data provided and produce his/her own report, correct the hazard, and attend to all required recordkeeping, in the following manner:
 - (a) Concur or non-concur with the supervisor's assessment of imminent or serious danger, and process accordingly.
 - (i) Stabilize an imminent or serious danger as quickly as possible in order to prevent death, injury, or property damage, and in all cases less than 24 hours. Once stabilized, move to creating a long-term solution, if necessary.
 - (ii) If the condition is potentially serious, the condition must be stabilized in 3 working days or less.
 - (iii) If the danger presented is not imminent or serious, and is not potentially serious, the condition must be stabilized in 20 days or less.
 - (iv) If the hazard cannot be corrected due to lack of funds, manpower, or other factors out of the DASHO's control, the situation must be elevated to the Chief Operating Officer for action. Or, if timely and appropriate abatement of a hazard cannot be made as required, and in the judgment of the DASHO abatement will not be possible within 30 calendar days, an abatement plan must be prepared, in accordance with 29 C.F.R. §1960.30.
 - (b) Assign a log number to the incident;
 - (c) Create a log report, including:
 - (i) Date and time of receiving the report (oral and written dates and times should both be included, if appropriate);
 - (ii) Brief description of the condition;
 - (iii) Hazard classification, (e.g., imminent danger, serious, less than serious, etc.);
 - (iv) Date and nature of action taken and plans for follow- up (if required).

4. Timelines for Action.

- (a) Any hazards posing imminent dangers or serious conditions capable of causing death, serious bodily injury/illness, or significant property damage will be investigated and rectified as noted above.
- (b) Follow-up investigation and/or inspections may or may not be necessary. The DASHO must, however, be assured that an appropriate abatement or correction has been made.

- (c) The DASHO must inspect the affected workplace if the hazard reported posed an imminent or serious danger, unless he or she is satisfied that management has taken corrective action in response to the identified hazard, and the hazard has been permanently and completely abated. Otherwise, the DASHO may inspect the affected worksite as a matter within his or her discretion.
- (d) An employee reporting an unsafe or unhealthful condition will be notified in writing within 15 calendar days by the DASHO if it is determined that no hazards exist and no other inspections are planned. A copy of the report will be provided to the employee's supervisor. If an investigation or inspection is initiated, the results will be made available to the employee making the report (and that employee's supervisor) within 15 calendar days after the completion of the investigation or inspection.
- (e) Any final actions to resolve a reported hazard must be added to the DASHO's log, and the entry should be closed out. At year's end, the incident should be reported to OSHA, as required by federal regulation.

5. Reprisal Prohibited.

All employees are protected from coercion, discrimination, or reprisal for filing a report of an unsafe or unhealthful working condition, whether said condition affected themselves or others, for participation in the CSB's OSH Program or any activities therein, or for declining to perform his or her assigned tasks because of a reasonable belief that the task poses an imminent risk of bodily harm or death (coupled with the employee's reasonable belief that there is insufficient time to seek effective redress through the normal hazard reporting and abatement procedures outlined in this Appendix).

Employees should report allegations of reprisal to their supervisor, or the DASHO, or in the event of conflict, to the CSB's Executive Director, either orally or in writing. Such allegations will be thoroughly investigated by a team consisting of the DASHO, HR and Legal, and a report will be created. A copy of the report will be provided to the employee. Any supervisor, safety official, or other CSB personnel found to have engaged in any form of reprisal against a CSB employee who exercised their rights in regard to the above-noted topics will be appropriately disciplined.

6. Recordkeeping.

As discussed above, the process for making and acting on reports of hazardous conditions will generate several types of records. These records include: (1) reports of hazardous conditions (including initial report, supervisor's report, and DASHO's report); (2) the hazardous condition report log; and (3) related records (e.g., correspondence and memos pertaining to the reports). These records will be maintained in accordance with applicable OSHA regulations, including 29 C.F.R. §1960.28. As provided by 29 C.F.R. §1960.28, hazard report records should be maintained in case file format, such that all records related to a particular report of a specific hazardous condition(s) are maintained together. The records described in this paragraph will be retained for five years following the end of the fiscal year to which they relate. The DASHO is responsible for maintaining the official record copies of all records generated by the reporting process.

Appendix L

CSB Asbestos Protection Program

- 1. Purpose. This Appendix highlights the special dangers posed by asbestos and ensures the maximum protection of CSB personnel against those dangers. Investigating chemical accident scenes threatens CSB personnel with exposure to asbestos, including exposure to airborne asbestos fibers, asbestos-containing materials (ACMs), and materials presumed to contain asbestos (PACMs), Thus, this Appendix will primarily focus on eliminating, mitigating, or proper protective measures to be taken in relation to asbestos which may be encountered during field investigation activities.
- 2. Objective and Scope. The protection of all CSB personnel threatened, or potentially threatened, by the hazards associated with exposure to asbestos while performing any work-related duties on behalf of the CSB.
- **3. Authorities.** Federal regulations governing asbestos include 29 C.F.R. §1910.1001 (general industry asbestos standard), 29 C.F.R. §1910.134 (respiratory protection standard), 29 C.F.R. §1926.1101 (construction asbestos standard), 40 C.F.R., Part 61, Subpart M; 40 C.F.R., Part 763, Subpart E, and that Part's Appendix C. These authorities must be monitored by the DASHO or his/her designee, including watching for relevant amendments posted in the *Federal Register*. Upon relevant amendments, the CSB OSH Program must be modified in turn, on an as- needed basis, to incorporate relevant amendments and/or modify training requirements and other procedures.

4. Procedures.

- (a) The IIC should make an early determination about the presence of asbestos found at an accident investigation scene. Information should be gathered from employees at the site, signs, labels, and the IIC's own personal observations of the accident site, including things like: appropriate air sampling and/or other testing; observation that the site in question was built before 1981; visual signs of ACM or PACM (thermal system insulation and surfacing material, especially insulation applied to pipes, fittings, boilers, breeching, tanks, ducts and other similar structures, as well as certain flooring, roofing, siding, and like materials; fireproofing or acoustical surface materials, etc.), and anything else identified on the basis of these officials' experience and training regarding asbestos.
- (b) If asbestos in not determined to be a concern, the IIC should commence investigative activities with other appropriate PPE. If asbestos is determined to be a concern, the IIC must make a determination as to whether or not investigative activity can commence safely, and if so, what additional PPE might be required (HEPA filter cartridges inserted in particular respirators, use of disposable Tyvex[®] suits, etc.), by which properly-trained Investigators, and the maximum duration of investigative activity conducted in such an environment (see section 5, below).

(c) The IIC should work very closely with the on-scene commander or other official in charge of the site to ensure timely and complete communications regarding all hazards, including asbestos. All significant safety developments at any CSB investigation should be reported to the DASHO, including all developments concerning the presence of asbestos that could even potentially affect any deployed CSB personnel.

5. Permissible Exposure Limit (PEL) and Excursion Limit (EL).

- (a) <u>PEL</u>. An eight-hour time-weighted average (TWA) airborne concentration of asbestos not in excess of 0.1 fiber per cubic centimeter of air, as determined by the method described in Appendix A of the OSHA's general industry asbestos standard, or by an equivalent method approved by the DASHO for CSB purposes, or
- (b) <u>EL</u>. An airborne concentration of asbestos not in excess of 1.0 fiber per cubic centimeters of air as averaged over a sampling period of 30 minutes, as determined by the method described in Appendix of the OSHA's general industry asbestos standard, or by an equivalent method approved by the DASHO for CSB purposes.
- (c) <u>Determining Airborne Concentrations</u>. Airborne concentrations will be determined on the basis of one or more samples representing full-shift exposures for each shift of CSB employees expected to be in each work area. Representative 30-minute (short term) exposures will be determined on the basis of one or more samples representing a 30-minute exposure with operations that are most likely to produce exposures above the excursion limit.
- (d) Monitoring. Initial monitoring must be done whenever the IIC believes CSB personnel are or may reasonably be expected to be exposed to airborne concentrations at or above the TWA PEL or EL. Monitoring will be done by a qualified CSB employee or contractor, in full accordance with 29 C.F.R. §1910.1001 (i.e., samples will be taken from the breathing zone air samples of representative employees). After initial monitoring, samples will be taken of such frequency and pattern as to continue to represent with reasonable accuracy the levels of exposure that might affect any CSB personnel. Such additional monitoring can be ordered by the IIC in appropriate circumstances (i.e., partial cave-in releases additional dust and debris into the air at an accident site).

6. Limitations.

No CSB personnel are permitted to do Class I, II, III, or IV asbestos work as defined in the OSHA Asbestos Construction Standard. At most, CSB personnel are authorized only to do general industry activities as specified in the OSHA General Industry Asbestos Standard.

To the maximum extent possible, however, and consistent with asbestos training and other relevant safety and health training, CSB personnel deployed to engage in field investigation activities are required to focus solely on the quick completion of all tasks

related to completion of the field phase of an investigation, and will not spend unnecessary time talking with witnesses or visiting a site when asbestos is a pertinent safety issue. Additionally, consistent with all applicable training, CSB personnel should avoid engaging in any activities that increase risks associated with asbestos (i.e., avoid actions that threaten the stability/integrity of ACM or PACM, or that will otherwise disturb such materials and may cause dust or other fine particles to become airborne).

CSB personnel should be especially cautious when dealing with friable asbestos and should strive to find methods of accessing parts of a site and/or relevant physical evidence that will not disturb asbestos. In no case should CSB personnel attempt to move, cut, saw, drill, remove, or otherwise sample ACM or PACM. Consult with the IIC if there are any questions.

With the above-noted limitations in mind, it should be emphasized that CSB personnel are not expressly governed by OSHA's General Industry Asbestos Standard. Nevertheless, to the extent possible, CSB management, employees, and contractors will seek to conform to the guidance contained in that standard, and they will attempt to defer to that standard. Of course, IICs, supervisors, and the DASHO are always encouraged to apply more rigorous safety standards when confronting a workplace hazard, but particularly where asbestos is a concern.

7. Additional Rules and Procedures Regarding Asbestos.

- (a) IICs should ensure all deployed CSB personnel understand the risks associated with asbestos and are fully briefed on hazards in accordance with the CSB HAZCOM policy, found at Appendix A.
- (b) IICs will limit access to regulated asbestos areas during CSB investigations to CSB personnel with appropriate PPE and all needed training. All required PPE must be properly worn at all times, until told that it is safe to remove the PPE. Once it is safe to remove PPE, the PPE should be removed and properly disposed of, in accordance with applicable regulations. Any non-disposable PPE should be segregated until it can be properly cleaned, decontaminated, and if needed, replaced.
- (c) IICs will further consider limiting access to regulated asbestos areas by limiting entrance to such areas to a portion of a field investigation team in order to prevent unnecessary exposure to all deployed personnel. This restriction can be accomplished by establishing a regulated area, with appropriate demarcation plainly visible within the site, and compliance with the CSB HAZCOM policy, in order that CSB personnel might not unwittingly cross into a regulated asbestos area. CSB warning signs or tape might also be used.
- (d) IICs should ensure that CSB personnel follow appropriate hygiene and clean-up practices following exposure or possible exposure to hazardous substances, but especially to asbestos. If needed, IICs must obtain the use of suitable decontamination facilities and equipment, clean change rooms, and showers.

- (e) CSB personnel will not eat, drink, smoke, chew tobacco or gum, or apply cosmetics in regulated asbestos areas within accident investigation sites.
- (f) IICs will work with site owners/operators, on-scene commanders, or other officials in charge of an accident site to use engineering controls and other work practices to help control asbestos hazards.

8. Training

Initial and annual refresher training will be provided in asbestos awareness that addresses the following topics: (a) health effects of asbestos; (b) location of ACM and/or PACM in the building/facility; (c) recognition of ACM and PACM damage and deterioration; (d) requirements of 29 C.F.R. §1910.1001 related to housekeeping; and (e) proper response to fiber release episodes.

Appendix M

CSB Individual Fit Equipment Program

- 1. Purpose. Certain pieces of personal protective equipment (e.g., prescription safety glasses, respirator spectacle kits, safety shoes/boots) required to be worn by CSB personnel, in the course of their assigned duties, must be fitted to the individual user and thus cannot be shared with other investigation team members. The purpose of this policy is to establish specifications and procedures for purchase and reimbursement for CSB employees who need this equipment.
- **2. Procedures.** CSB will provide individual fit personal protective equipment to any of employee who needs to wear such equipment in conjunction with field assignments (or participate in other CSB business where such equipment may be required) in accordance with the following:

(a) Prescription Safety Glasses Specifications

- 1) All prescription safety glasses purchased must meet at least the ANSI/ISEA Z87.1-2010, *Occupational and Educational Personal Eye and Face Protection Devices*, or later (Detachable side shields OK)
- 2) Progressive, Photochromic, and Ultraviolet coated lenses are allowed.

(b) Prescription Safety Glasses Purchase/Reimbursement

- 1) Obtain a written eyeglass prescription from your eye-care professional. Employees must have their eyes examined by licensed optometrist or ophthalmologist. The eye exam is not reimbursable under the CSB safety budget (full or partial expenses may be covered under the employee's health care insurance).
- 2) Select a pair of safety glasses that meet the specification requirements from your local eye-care provider, or online source. Get a copy of the specifications and cost and fill out a micro-purchase request form (available on SafetyNet). Please list the budget line as: Occupational Safety & Health and yourself as the requestor. Be sure to fill out the form completely and select the appropriate drop-down boxes.
- 3) Attach a scanned copy of the specifications and the completed micropurchase request form via e-mail to the DASHO for approval <u>prior</u> to purchase
- 4) Once approval for purchase has been obtained from the DASHO, you may then purchase the prescription safety glasses using your CSB Purchase Card, the office purchase card (per prior arrangement with the Contracting Officer), or via personal check (reimbursed separately).

(c)Respirator Spectacle Insert Purchase/Reimbursement

1) Full-face respirator spectacle inserts can be obtained for all employees who wear prescription glasses or contact lenses.

- 2) Once you have been fitted for a full-face respirator, send an e-mail to the DASHO requesting a respirator spectacle insert. Be sure to attach a scanned copy of your eyeglass prescription to the e-mail.
- 3) The DASHO will submit your request to the supplier and the spectacle inserts will be provided to you at a later date.

(d) Safety Shoes/Boots Specifications

- 1) All safety shoes/boots purchased must meet at least the ASTM F-2412-2005, Standard Test Methods for Foot Protection, and ASTM F-2413-2005, Standard Specification for Performance Requirements for Protective Footwear, or later.
- 2) Safety shoes/boots are available with either a 30, 50 or 75 pounds impact rating, CSB requires safety shoes/boots to be rated for **75 pounds impact**
- 3) Safety shoes/boots need to have a **puncture resistant** midsole plate (which typically prevents penetration forces > 1100 N)
- 4) Safety shoes/boots need to have **slip resistant** soles

(e) Safety Shoes/Boots Purchase/Reimbursement

- 1) Find a pair of safety shoes or boots that meet the above requirements in your size from a local (e.g., Wal-Mart, etc.) or online (e.g., BA Mason, Dr. Marten's, etc.) source. Please note that proper fitting of safety shoes/boots is critical, the steel/polymer toes and midsole plates do not move or bend like regular shoes/boots and a bad fit will most likely result in either cuts or blisters to your feet. Thus, if you do not know your exact shoe/boot size, please do not guess when ordering safety shoes/boots, especially from an online source.
- 2) Get a copy of the specifications and cost and fill out a micro-purchase request form (available on SafetyNet). Please list the budget line as: Occupational Safety & Health and yourself as the requestor. Be sure to fill out the form completely and select the appropriate drop-down boxes.
- 3) Attach a scanned copy of the specifications and the completed micropurchase request form via e-mail to the DASHO for approval <u>prior</u> to purchase.
- 4) Once approval for purchase has been obtained from the DASHO, you may then purchase the safety shoes or boots using your CSB Purchase Card, the office purchase card (per prior arrangement with the Contracting Officer), or via personal check (reimbursed separately).
- **5. Replacement.** Individual fit personal protective equipment can be replaced every two years due to normal wear and tear or in the event it is damaged or destroyed through no fault of the employee, or in the case of prescription glasses occurs as a result of a change in the prescription. The procedure for obtaining replacement is the same as for initial purchase.